

Higher Ground

拍数: 0 墙数: 2 级数: Intermediate/Advanced
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音乐: Higher Ground - Sanne Salomonsen



Sequence: A, A, B, C, C, TAG 1, A, B, C, C, TAG 2, C, C, ENDING

PART A

KICK BALL CROSS, ROCK RIGHT, CROSS SHUFFLE LEFT, ROCK LEFT

1&2 Kick right forward, step right beside left, cross left over right
3-4 Rock to right side on right, rock onto left in place
5&6 Cross right over left, step left to left side, cross right over left
7-8 Rock to left side on left, rock onto right in place

KICK BALL CROSS, ROCK LEFT, CROSS SHUFFLE RIGHT, ROCK RIGHT

1&2 Kick left forward, step left beside right, cross right over left
3-4 Rock to left side on left, rock onto right in place
5&6 Cross left over right, step right to right side, cross left over right
7-8 Rock to right side on right, rock onto left in place

STEP SIDE, TOGETHER, CHASSE ¼ TURN RIGHT, STEP ¾ TURN, CHASSE LEFT

1-2 Step right to right side, step left beside right
3&4 Step right to right side, step left beside right, turn ¼ to right step right foot forward
5-6 Step left forward, turn ¾ to right
7&8 Step left to left side, step right beside left, step left to left side

KICK, KICK, COASTER CROSS, SIDE, TOGETHER, CHASSE LEFT

1-2 Kick right toe forward, kick right toe to right side
3&4 Cross right behind left, step left to left, cross right over left
5-6 Step left to left side, right beside left
7&8 Step left to left side, right beside left, left to left side

PART B

ROCK FORWARD, COASTER STEP, ROCK FORWARD, COASTER STEP

1-2 Rock forward on right, rock back onto left
3&4 Step back on right, step left beside right, step forward on right
5-6 Rock forward on left, rock back onto right
7&8 Step back on left, step right beside left, step forward on left

CROSS, TOUCH, CROSS, TOUCH, CROSS, BACK, STOMP TWICE

1-2 Cross right in front of left, touch left toe out to left side
3-4 Cross left in front of right, touch right toe out to right side
5-6 Cross right in front of left, step back on left
7-8 Stomp right beside left twice

PART C

CROSS SHUFFLE, ROCK LEFT, CROSS SHUFFLE, ROCK RIGHT

1&2 Cross right over left, step left to left side, cross right over left
3-4 Rock to left side on left and clap, rock onto right in place and clap
5&6 Cross left over right, step right to right side, cross left over right
7-8 Rock to right side on right and clap, rock onto left in place and clap

STOMP, CLAP, STOMP, CLAP, CROSS, BACK, STOMP TWICE

- 1-2 Step forward on right, clap
- 3-4 Step forward on left, clap
- 5-6 Cross right over left, step back on left
- 7-8 Stomp right beside left twice

ROLLING VINE TO RIGHT, TOUCH, ROLLING WINE TO LEFT, TOUCH

- 1-2 Make $\frac{1}{4}$ turn right and step forward on right, make $\frac{1}{2}$ turn right and step back on left
- 3-4 Make $\frac{1}{4}$ turn right and step right foot to right side and clap, touch left toe next beside right and clap
- 5-6 Make $\frac{1}{4}$ turn left and step forward on left, make $\frac{1}{2}$ turn left and step back on right
- 7-8 Make $\frac{1}{4}$ turn left and step left foot to left side and clap, touch right toe beside left and clap

3 HIP ROLLS, STOMP TWICE

- 1-2 Step right forward, roll hips to the left into a $\frac{1}{4}$ turn left
- 3-4 Step right forward, roll hips to the left into a $\frac{1}{4}$ turn left
- 5-6 Step right forward, roll hips to the left into a $\frac{1}{4}$ turn left
- 7-8 Stomp right beside left twice

Wave right arm in the air on vocals "round and round and round" (1-6)

TAG 1

OUT, OUT, HANDS ON HIPS, BUMP HIPS RIGHT, LEFT, RIGHT, LEFT

- 1-2 Step right to right side, step left to left side
- 3-4 Put right hand on right hip, put left hand on left hip
- 5-6 Bump hips right, bump hips left
- 7-8 Bump hips right, bump hips left

TAG 2

OUT, OUT, HANDS ON HIPS, BUMP HIPS RIGHT, LEFT, RIGHT, LEFT

- 1-2 Step right to right side, step left to left side
- 3-4 Put right hand on right hip, put left hand on left hip
- 5-6 Bump hips right, bump hips left
- 7-8 Bump hips right, bump hips left

OUT, OUT, HANDS ON HIPS, BUMP HIPS RIGHT, LEFT, RIGHT, LEFT

- 1-2 Step right to right side, step left to left side
- 3-4 Put right hand on right hip, put left hand on left hip
- 5-6 Bump hips right, bump hips left
- 7-8 Bump hips right, bump hips left

BUMP HIPS RIGHT, LEFT, RIGHT, LEFT

- 1-2 Bump hips right, bump hips left
- 3-4 Bump hips right, bump hips left

ENDING

Put right foot across left, turn $\frac{1}{2}$ to left and put both arms up in the air (facing the beginner wall)
