High Voltage!



编舞者: Knox Rhine (USA) 音乐: Livewire - Scooter Lee



SIDE, TOUCH, SIDE, TOUCH

Step to right side with right foot
Touch left toe next to right instep
Step to left side with left foot
Touch right toe next to left instep

KICK, KICK, BACK, TOUCH

Kick right foot forward
Bend right knee
Kick right foot forward
Step back with right foot
Touch left toe back

STEP, KNEE/CLAP, TURN, KNEE/CLAP

Step forward with left foot
Lift up right knee and clap hands
Step ¼ turn left in place with right foot

12 Lift up left knee and clap hands

TURN, KNEE/CLAP, TURN, KNEE/CLAP

13 Step ¼ turn left in place with left foot
14 Lift up right knee and clap hands
15 Step ¼ turn left in place with right foot
16 Lift up left knee and clap hands

SIDE, BEHIND, SIDE, IN FRONT

17 Step to left side with left foot

18 Step across behind left leg with right foot

19 Step to left side with left foot

20 Step across in front of left leg with right foot

SIDE, STOMP, KICK-BALL-CHANGE

21 Step to left side with left foot

22 Stomp (up) with right foot next to left foot

23 Kick right foot forward

& Step in place with right toe/ballStep in place with left foot

TOE, HEEL, BIG SIDE, SLIDE

Turn and touch right toe at left instepTurn and touch right heel at left instep

27 Real long step to right side with right heel, keeping right toe pointed to right side

Slide left instep next to right heel, strike pose! (place left hand on left hip, lift right wrist to chin

level, fingers pointed forward, lift right heel and look to right side!)

HANDS FLICKS AND HEEL TAPS

29	Tap right heel in place, flicking fingers to right side
&	Lift right heel, and point fingers forward
30	Tap right heel in place, flicking fingers to right side
&	Lift right heel, and point fingers forward
31	Tap right heel in place, flicking fingers to right side
&	Lift right heel, and point fingers forward
32	Tap right heel in place, flicking fingers to right side

REPEAT