

# High Tide

**COPPER KNOB**  
BY STEPHEN T. C.

拍数: 32      墙数: 2      级数: Improver  
编舞者: Craig Cooke (UK)  
音乐: The Tide Is High - Atomic Kitten



## ROCK & CROSS SHUFFLE TWICE

1-2      Rock right out to right side and recover on left  
3&4      Cross shuffle right over left  
5-6      Rock left out to left side and recover onto right  
7&8      Cross shuffle left over right

## ROCK AND SHUFFLE TWICE

1-2      Rock forward on right recover on left  
3&4      Step back on right, step left next to right, step back on right  
5-6      Rock back on left recover on right  
7&8      Step forward on left, step right next to left, step forward on left

## FULL MONETARY TURN, ROCK & CROSS, KICK BALL CHANGE, ½ PIVOT TURN

1-2      Point right to right side and turn full turn stepping right next to left  
3&4      Rock left to left side, step left in place next to right  
5&6      Kick right foot forward, step right next to left, step left next to right  
7-8      Step forward on right foot pivot ½ turn to left

## KICK BALL CROSS, STEP SLIDE TWICE

1&2      Kick right foot forward, step right next to left & cross left in front of right  
3-4      Step right to right, slide left next to right  
5&6      Kick left foot forward, step left next to right & cross right over left  
7-8      Step left to left side, slide right next to left

**REPEAT**

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