

Hot Stomp

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Do You Wanna Make Something Of It - Ninon



STEP SLIDE HOLD

- 1 Left foot step 45 degree forward
 - 2 Slide right foot up to left. (3rd position)
 - 3 Left foot step 45 degree forward
 - 4 Slide right foot up to left. (3rd position)
 - 5 Left foot step 45 degree forward
 - 6 Slide right foot up to left. (3rd position)
 - 7 Left foot step 45 degree forward
- Styling: as if lunging with arms extended, left arm forward right arm up and back
- 8 Hold
- Styling: turn head left

STOMP HOLDS

- 1 Stomp right foot forward & to the right so that it is vertically level with left foot
- Styling: as if lunging with arms extended, right arm forward left arm up and back
- 2 Hold
- Styling: head to right
- 3 Stomp left foot to left side. You should have a shoulder width at the most gap between the feet
- Styling arms up
- 4 Hold (head up)

SYNCOPATIONS

- & Bring left foot in to center
- 5 Bring right foot in to center
- & Left foot take small step to side
- 6 Right foot take small step to right
- & Bring left foot in to center
- 7 Bring right foot in to center
- & Left foot take small step to side
- 8 Right foot take small step to right

HIP BUMPS

- 1 Bump right hip to the right
- 2 Bump right hip to the right
- 3 Bump left hip to the left
- 4 Bump left hip to the left

HANDS & JUMPS

- 5 Put right hand on right behind
- 6 Put left hand on left behind
- 7 Jump forward both feet
- 8 Jump forward both feet

HIP BUMPS

- 1 Bump right hip to the right
- 2 Bump right hip to the right

- 3 Bump left hip to the left
- 4 Bump left hip to the left

GRAPEVINE & ¼ TURN RIGHT

- 5 Step right foot to the right side
- 6 Step left foot behind right
- 7 Step ¼ turn to right with the right
- 8 Scoot with left (weight is on right foot)

REPEAT
