Hot Rod Lincoln



拍数: 0 墙数: 4 级数: Intermediate

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音乐: Hot Rod Lincoln - Pat Travers



INTRO A (INSTRUMENTAL)

ROCK, RECOVER, CROSS SHUFFLE, ROCK, RECOVER, BEHIND, SIDE, IN FRONT

1-2 Rock right to right, recover on left

3&4 Cross right over left, step left to left, cross right over left

5-6 Rock left to left, recover on right

7&8 Cross left behind right, step right to right, cross left over right

STEP ½ PIVOT, STEP ½ PIVOT, FORWARD SHUFFLE TWICE

Step forward on right, ½ pivot left (facing 6:00)
Step forward on right, ½ pivot left (facing 12:00)

Step forward on right, step left by right, step forward on right
Step forward on left, step right by left, step forward on left

VERSES B

RIGHT SIDE SHUFFLE, ROCK BACK, RECOVER, LEFT SIDE SHUFFLE, ROCK BACK, RECOVER

1&2 Steps right to right, step left by right, step right to right

3-4 Rock back on left, recover on right

5&6 Step left to left, step right by left, step left to left

7-8 Rock back on right, recover on left

SIDE, BEHIND, HEEL JACK, SIDE, CROSS, SIDE 1/2 PIVOT, STEP, LEFT LOCK STEP

1-2 Step right to right, cross left behind right

&3 Step back on right diagonal, extend left heel forward

&4 Step left by right, cross right over left

5-6 Step left to left & make ½ pivot right on ball of left, step forward on right (facing 6:00)

7&8 Step forward on left, lock right, step forward on left

FORWARD MAMBO, BACK MAMBO, TOE, HEEL, CROSS (SUGAR FOOT), BACK LOCK STEP

Rock forward on right, recover on left, step right by left Rock back on left, recover on right, step left by right

Tap right toe by left, tap right heel by left, cross right over left

7&8 Step back on left, lock right over left, step back on left

BACK LOCK STEP, ½ SHUFFLE TURN, STEP, ¼ PIVOT, CROSS SHUFFLE

Step back on right, lock left over right, step back on right
Make ½ shuffle turn left stepping left, right, left (facing 12:00)
Step forward on right, make ¼ pivot left (facing 3:00)
Cross right over left, step left to left, cross right over left

ROCK, RECOVER, BEHIND, SIDE, IN FRONT, STEP 1/2 PIVOT, STOMP TWICE

1-2 Rock left to left, recover on right

3&4 Cross left behind right, step right to right, cross left over right

5-6 Step forward on right, ½ pivot left (facing 9:00)

7-8 Stomp right by left, stomp left by right

ENDING C

Dance this after the 7th rotation. You should be facing 9:00 when starting this section

RIGHT SIDE S 1&2 3-4 5&6 7-8	HUFFLE, ROCK BACK, RECOVER, LEFT SIDE SHUFFLE, ROCK BACK, RECOVER Steps right to right, step left by right, step right to right Rock back on left, recover on right Step left to left, step right by left, step left to left Rock back on right, recover on left
SIDE, BEHIND 1-2 &3 &4 5-6 7-8	Step right to right, cross left behind right Step back on right diagonal, extend left heel forward Step left by right, cross right over left Step left to left & make ½ pivot right on ball of left, step forward on right (facing 3:00) Stomp forward on left, clap hands
STOMP, CLAP 1-2 3-4 5-6 7&8	Stomp forward on right, clap hands Stomp forward on left, clap hands Cross right over left, unwind ¾ turn left (facing 6:00) Steps right to right, step left by right, step right to right
ROCK BACK, F 1-2 3&4 5-6 7-8	RECOVER, LEFT SIDE SHUFFLE, ROCK BACK, RECOVER SIDE, BEHIND Rock back on left, recover on right Step left to left, step right by left, step left to left Rock back on right, recover on left Step right to right, cross left behind right
HEEL JACK, S &1 &2 3-4 5&6 7&8	IDE, CROSS, SIDE ½ PIVOT, STEP, RIGHT & LEFT LOCK STEPS Step back on right diagonal, extend left heel forward Step left by right, cross right over left Step left to left & make ½ pivot right on ball of left, step forward on left (facing 6:00) Step forward on right, lock left, behind right, step forward on right Step forward on left, lock right behind left, step forward on left
1/2 PIVOT TWIC 1-2 3-4 5&6 7&8	Step forward on right, make ½ pivot left Step forward on right, make ½ pivot left (weight stays on right) Cross left behind right, step right to side, step left by right Cross right behind left, step left to left, stomp forward on right (splaying arms)