

# Hot Rod Heart

**COPPER KNOB**  
STEPSHEETS

拍数: 68      墙数: 4      级数: Intermediate  
编舞者: Irene Mead (AUS)  
音乐: Hot Rod Heart - John Fogerty



## TOE STRUT, TOE STRUT, TOE STRUT, TOE STRUT

1-2      Toe strut- touch right toe forward, step onto right  
3-4      Toe strut- touch left toe forward, step onto left  
5-6      Toe strut- touch right toe forward, step onto right  
7-8      Toe strut- touch left toe forward, step onto left

## VINE RIGHT, HIP, HIP, HIP, HIP

1-2      Vine - step right to the side, step left behind right  
3-4      Step right to the side, touch left together  
5-6      Step left to the side & push hips left, push hips right  
7-8      Push hips left, push hips right

## VINE LEFT, HIP, HIP, HIP, HIP

1-2      Vine - step left to the side, step right behind left  
3-4      Step left to the side, touch right together  
5-6      Step right to the side & push hips right, push hips left  
7-8      Push hips right, push hips left

## "V" STEPS, "V" STEPS

1-2      "V" steps-step right forward at 45 degrees, step left forward at 45 degrees  
3-4      Step right to back center, step left together  
5-6      "V" steps-step right forward at 45 degrees, step left forward at 45 degrees  
7-8      Step right to back center, step left together

## FORWARD, BACK, BACK, FORWARD, FORWARD, BACK, COASTER STEP

1-2      Step right forward, rock back onto left  
3-4      Step right back, rock forward onto left  
5-6      Step right forward, rock back onto left  
7&8      Coaster step - step right back, step left back, step right forward

## FORWARD, BACK, BACK, FORWARD, FORWARD, BACK, COASTER STEP

1-2      Step left forward, rock back onto right  
3-4      Step left back, rock forward onto right  
5-6      Step left forward, rock back onto right  
7&8      Coaster step - step left back, step right back, step left forward

## PADDLE TURN & CLAP, PADDLE TURN & CLAP, PADDLE TURN & CLAP, PADDLE TURN & CLAP

1-2      Step right forward, turn  $\frac{1}{4}$  turn left take weight on left & clap  
3-4      Step right forward, turn  $\frac{1}{4}$  turn left take weight on left & clap  
5-6      Step right forward, turn  $\frac{1}{4}$  turn left take weight on left & clap  
7-8      Step right forward, turn  $\frac{1}{4}$  turn left take weight on left & clap

## SHUFFLE FORWARD, STEP, $\frac{1}{2}$ TURN, SHUFFLE FORWARD, STEP, $\frac{1}{4}$ TURN

1&2      Shuffle forward right-left-right  
3-4      Step left forward, turn  $\frac{1}{2}$  turn right take weight on right  
5&6      Shuffle forward left-right-left

7-8 Step right forward, turn  $\frac{1}{4}$  turn left take weight on left

**TWIST, TWIST, TWIST, TWIST**

1-4 Twist heels left-right-left-right

**REPEAT**

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