

Hot Footin'

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Lisa Paruit (UK) & Lorna Drury (USA)
音乐: The Losing Side of Me - The Mavericks



HEEL, TOE, HEEL, TOE, CHASSE RIGHT, ROCK BACK (HOT FOOTIN')

1-2 Swivel left toe right and touch right heel in, swivel left heel right and touch right toe in
3-4 Swivel left toe right and touch right heel in, swivel left heel right and touch right toe in
5&6 Step right to right side, step left beside right, step right to right side
7-8 Step back on left rocking weight onto it, replace weight on right

HEEL, TOE, HEEL, TOE, CHASSE LEFT, ROCK BACK

9-10 Swivel right toe left and touch left heel in, swivel right heel left and touch left toe in
11-12 Swivel right toe left and touch left heel in, swivel right heel left and touch left toe in
13&14 Step left to left side, step right beside left, step left to left side
15-16 Step back on right rocking weight onto it, replace weight on left

TOE STRUTS X 4, JUMP BACK, CLAP, JUMP BACK, CLAP, HIPS X 4

17-20 Step right toe forward, put right heel down, step left toe forward, put left heel down
21-24 Step right toe forward, put right heel down, step left toe forward, put left heel down
&25-26 Jump back on right and left, clap
&27-28 Jump back on right and left, clap
29-32 Bump hips left, right, left, right

STEP, HOLD, ¼ TURN, HOLD, STEP, HOLD, ¼ TURN, HOLD

33-34 Step forward on left, hold for one count
35-36 Pivot ¼ turn right, hold for one count,
37-38 Step forward on left, hold for one count,
39-40 Pivot ¼ turn right, hold for one count

CROSSING TOE STRUTS X 4

41-42 Cross left toe over right, slap heel to floor
43-44 Step right toe to right side, slap heel to floor
45-46 Cross left toe over right, slap heel to floor
47-48 Step right toe to right side, slap heel to floor

SIDE, TOGETHER, ¼ TURN LEFT, SCUFF RIGHT, JAZZBOX

49-50 Step left foot to left side, step right foot together next to left
51-52 Step left foot a ¼ turn left, scuff right foot next to left
53-54 Cross right foot over left, step back on left foot
55-56 Step right foot to right side, step left foot together next to right

TOE, KICK, CROSS, TWICE, STEP BACK TOGETHER

57-58 Touch right toe to left instep, kick right foot out to right side
59 Cross right foot in front of left
60-61 Touch left toe to right instep, kick left foot out to left side
62 Cross left foot in front of right
63-64 Step back on right foot, step left foot together next to right

REPEAT

