

Hot 'n Cold

拍数: 32 墙数: 0 级数:
编舞者: Jan Wyllie (AUS)
音乐: Baby It's Cold Outside - Suzy Bogguss & Delbert McClinton



Position: Facing each other holding hands

LEADER

- 1-4 Step left to left, step right beside left, step left to left, touch right beside left
5-8 Step right to right, step left beside right, step right to right, touch left beside right
- 9-10 Step back on left, stomp right beside left and clap
11-12 Step forward on right, stomp left beside right and clap hands with partner
13-16 Repeat above 4 steps
- Rejoin hands with partner (leader right hand, follower left hand)**
- 17-20 Making ¼ left rock/step forward on left, rock back on right, step back on left, kick right forward
21-24 Rock/step forward on right, rock back on left, step back on right, kick left forward
- If you are doing a progressive dance then execute the following steps in a circle to the left**
- 25-28 Step forward on left, scuff right forward, step forward on right, scuff left forward
29-32 Shuffle forward left, right, left shuffle forward right, left, right
- If you are not changing partners then just follow the circle around in the above steps and turn in to face your partner on the next step**

REPEAT

FOLLOWER

- 1-4 Step right to right, step left beside right, step right to right, touch left beside right
5-8 Step left to left, step right beside left, step left to left, touch right beside left
- 9-10 Step back on right, stomp left beside right and clap
11-12 Step forward on left, stomp right beside left and clap hands with partner
13-16 Repeat above 4 steps
- Rejoin hands with partner (leader right hand, follower left hand)**
- 17-20 Making ¼ right rock/step forward on right, rock back on left, step back on right, kick left forward
21-24 Rock/step forward on left, rock back on right, step back on left, kick right forward
- If progressing, the following steps will take you to your new partner**
- 25-28 Step forward on right. Scuff left forward, step forward on left, scuff right forward
29-32 Shuffle forward right, left, right, shuffle forward left, right, left

REPEAT