

# Hopes & Dreams

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Daniella Foster (UK)  
音乐: I Believe - Yolanda Adams



- 1&2      Right kick ball touch (finishing with left touching to left side)  
&3-4      Left next to right,  $\frac{1}{4}$  turn left touching right to right side,  $\frac{1}{2}$  turn back right pointing right to right side  
5&6      Right sailor step  
7-8      Left toe behind right foot, half turn left (finishing with weight on left)
- 1&2      Right shuffle making half turn left  
3-4      Rock back on left, recover weight on right  
5-6      Step forward on left, make full turn right, hitching right leg  
7&8      Right forward shuffle
- 1-2      Step forward on left, make a  $\frac{3}{4}$  turn over right shoulder, landing on right foot  
3&4      Cross left over right, recover weight on right, left next to right  
5&6      Right behind left, left to left side, right across in front of left  
7&8      Make a three bounce half turn left
- 1&2      Left coaster step  
3-4      Kick right leg forward, cross right over left  
&5-6      Left to left side, cross right over left, make  $\frac{3}{4}$  turn left  
7&8      Left coaster step

## REPEAT

### TAG

#### At end of 3rd rotation

- 1-2      Step diagonally forward onto right, left next to right  
3-4      Step diagonally forward onto right, touch left next to right  
5-6      Step diagonally forward on left, touch right next to left  
7-8      Step diagonally back on right, touch left next to right  
9-10      Step diagonally back on left, drag right to touch next to left

### TAG

#### At end of 6th rotation

- 1-2      Step diagonally forward onto right, left next to right  
3-4      Step diagonally forward onto right, touch left next to right  
5-6      Step diagonally forward on left, touch right next to left  
7-8      Step diagonally back on right, touch left next to right  
9-10      Step diagonally back on left, drag right to touch next to left  
11-12      Step diagonally forward onto right, left next to right  
13-14      Step diagonally forward onto right, touch left next to right  
15-16      Step diagonally forward on left, touch right next to left