

Hope You Dance

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Maggie Gallagher (UK)
音乐: I Hope You Dance - Lee Ann Womack



& CROSS & BEHIND, ¼ STEP, ½ PIVOT, RIGHT-LOCK-STEP, TRIPLE FULL TURN

&1&2 Step slightly back on left, cross step right over left, step left to side, step right behind left
&3-4 Step left to side with ¼ turn left, step forward on right, pivot ½ left
5&6 Step forward on right, lock-step left behind right, step forward on right
7&8 Full turn right stepping left, right, left (easy option: left-lock-left forward)

ROCK, RECOVER, CROSS, TOUCH-TURN-STEP, SWIVEL, SWIVEL, SIDE SHUFFLE

9&10 Rock right to side, recover weight onto left, cross step right over left
11&12 Touch left to side, pivot ¼ turn right, step forward on left
13-14 Swivel (pivot with feeling) ½ turn right, swivel (pivot with feeling) ½ turn left
15&16 Step right to side, step left next to right, step right to side ***

BACK-ROCK-DRAG, CROSS-TURN-DRAG, BACK-ROCK-DRAG, CROSS-TURN-DRAG

17&18 Rock back on left, recover weight onto right, large step left on left - dragging right towards left
19& Cross step right over left, step back on left ¼ turn right
20 Large step right on right - dragging left to meet right
21&22 Rock back on left, recover weight onto right, large step left on left - dragging right towards left
23& Cross step right over left, step back on left ¼ turn right,
24 Large step right on right - dragging left towards right

The above steps should be danced smoothly and flowing with the large steps almost sliding

SAILOR STEP & SAILOR STEP, PIVOT, STEP, SWAY & SWAY, ROCK

25&26 Cross step left behind right, step right to side, step left in place
&27&28 Cross step right behind left, step left to side, step right in place, step forward on left
29 Pivot ½ right
30&31 Step left to side and sway hips left, sway hips right, sway hips left
32 Sway (rock) hips right (weight ends on right)

REPEAT

RESTART

When dancing to "I Hope You Dance" original radio mix or album version by Lee Ann Womack, you will dance the 3rd wall up until count 16 (side shuffle) at which point begin the dance again on the "&" count by stepping slightly back on the left.