

I Feel A Heartache

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Jan Brookfield (UK)
音乐: I Feel a Heartache - Danni Leigh



SIDE ROCK, CHASSE RIGHT, ROCK BACK, HEEL-BALL-CROSS

1-2 Step right to side, rock onto left to side
3&4 Shuffle to right on right, left, right
5-6 Rock back onto left slightly behind right, rock forward onto right (body now angled slightly to left)
7&8 Tap left heel forward, step on left in place, step right across in front of left

SIDE ROCK WITH QUARTER TURN RIGHT, FORWARD SHUFFLE JAZZ BOX

9-10 Step left to side, rock onto right making quarter turn to right
11&12 Shuffle forward on left, right, left
13-14 Step right across in front of left, step back on left
15-16 Step right to side, step left next to right

CHASSE RIGHT, ROCK OVER, CHASSE LEFT, ROCK BACK

17&18 Shuffle sideways to right on right, left, right
19-20 Step left across in front of right, rock back onto right
21&22 Shuffle sideways to left on left, right, left
23-24 Step back on right behind left, rock forward onto left

MODIFIED MONTEREY TURN, CHASSE LEFT, ROCK BACK, KICK-BALL-CHANGE

25-26 Point right toe to side, making half turn to right step on right in place
27&28 Shuffle sideways to left on left, right, left
29-30 Step back on right behind left, rock forward onto left
31&32 Kick right forward, step back slightly on ball of right, step on left in place

REPEAT
