I Don't Feel Like Dancin'

级数: Intermediate/Advanced

编舞者: Natalie Hood (UK)

拍数: 64

音乐: I Don't Feel Like Dancin' - Scissor Sisters

CROSS POINT, CROSS POINT, HITCH, STEP, HEEL SLIDE, HEEL

- 1-2 Cross right foot over left, point left to left side
- 3-4 Cross left foot over right, point right to right side
- 5-6 Hitch right foot, step back on right foot
- 7&8 Slide left heel back to meet right foot, put weight on left foot and put right heel forward

TOUCH TURN, HIP BUMPS, STEP LOCK STEP

- 1-2 Touch right foot behind right, unwind 1/2 turn
- 3&4 Hip bump left right left
- 5&6 Hip bump right left right, but turn a quarter left and transfer weight to right foot
- 7&8 Step left foot forward, lock right foot behind left, step left foot forward

OVER AND HEEL, TOUCH AND HEEL, SLIDE, AND CROSS

- 1&2 Cross right over left, step back on left, put right heel forward
- &3&4 Put right foot down slightly in front of right, touch left next to right, step left back, put right heel forward
- 5-6-7 Step right to right side, drag left foot to meet right
- &8 Step left next to right, cross right over left

SYNCOPATED WEAVE, PIVOT TURN, HEEL SWIVEL

- &1&2 Step left to left side, cross right behind left, step left to left side, cross right over left
- &3&4 Step left to left side, cross right behind left, step left to left side, cross right over left
- &5-6 Step left to left side, step right foot forward, turn ½ over left shoulder, placing weight on left foot
- 7&8 Step right foot forward, swivel heels right, and back to center

ROLLING VINE, CLAP, HITCH STEP SLIDE, HITCH STEP SLIDE

- 1-2-3&4 Step right ¼ turn right. On ball of right make ½ turn right stepping back left, on ball of left make ¼ turn right stepping right to right side. Clap twice
- 5&6 Hitch left knee, step left to left side, drag right foot to meet left
- 7&8 Hitch left knee, step left to left side, drag right foot to meet left

POINTS, FLICK, POINTS, FLICK

- 1-2-3 Point right foot forward, point right foot to right side, point right foot forward
- &4 Flick right foot behind before placing it in front of left foot and transferring weight to right
- 4-5-6 Point left foot forward, point left foot to left side, point left foot forward
- &8 Flick left foot behind before placing it in front of right foot and transferring weight to left

STEP TOUCH TURN TOUCH STEP TOUCH STEP KICK STRUT STRUT

- &1&2 Step right foot forward, touch left behind right, step left to left side turning quarter to left, touch right next to left
- &3&4 Step right forward, touch left behind right, step back on left, kick right foot forward
- 5-6 Put right toe down to right side (on beat 5), place heel down (on beat 6) placing weight on right
- 7-8 Put left toe down to left side (on beat 7), place heel down (on beat 8) placing weight on left

STEP, KICK BALL STEP, SCOOT BACK



墙数:2

- 1-2 Step forward right, step forward left
- 3&4 Kick right foot forward, step right slightly in front of left, step left slightly in front of right
- &5&6 Hitch right knee, skip slightly back, place right foot next to left. Hitch left knee, skip slightly back, place left foot next to right
- &7&8 Hitch right knee, skip slightly back, place right foot next to left. Hitch left knee, skip slightly back, place left foot next to right

REPEAT

TAG

After 32 counts on the 3rd wall restart

TAG

At the end of wall 6: OUT OUT IN IN, OUT OUT, IN IN

- &1 Step right foot forward diagonally right, step left foot forward diagonally left
- &2 Step right back diagonally left, step left foot (ending with feet together)
- &3 Step right foot forward, step left foot next to right
- &4 Step right foot back, step left foot next to right