I Don't Believe It



拍数: 0 墙数: 0 级数:

编舞者: William Sevone (UK)

音乐: Loving You Has Made Me Bananas - Guy Marks



Sequence: AAAA, BRIDGE, BBBBBB, FINISH

PART A (SPOKEN INTRO)

2X SIDE STEP-TOE TOUCHES WITH EXPRESSION, 2X SIDE STEP-TOGETHER WITH EXPRESSION

1-2 Step right foot to right side, touch left toe next to right foot Count 2: left shoulder dipped, left arm pointing down, right arm pointing up
3-4 Step left foot to left side, touch right toe next to left foot Count 4: right shoulder dipped, right arm pointing down, left arm pointing up

5-6 Step right foot to right side, step left foot next to right7-8 Step right foot to right side, step left foot next to right

Count 5, 7: as count 2 (left shoulder etc)
Count 6, 8: as count 4 (right shoulder etc)

2X SIDE STEP-TOE TOUCHES WITH EXPRESSION, 2X SIDE STEP-TOGETHER WITH EXPRESSION

9-10 Step left foot to left side, touch right toe next to left foot

Count 10: right shoulder dipped, right arm pointing down, left arm pointing up
11-12 Step right foot to right side, touch left toe next to right foot
Count 12: left shoulder dipped, left arm pointing down, right arm pointing up

13-14 Step left foot to left side, step right foot next to left

15-16 Step left foot to left side, touch right toe next to left foot

Count 13, 15: as count 10 (right shoulder etc) Count 14, 16: as count 12 (left shoulder etc)

FULL TURN DANCE SQUARE

17-18	Turn ¼ right & step right foot to right side, touch left toe next to right foot
19-20	Turn ¼ right & step left foot to left side, touch right toe next to left foot
21-22	Turn ¼ right & step right foot to right side, touch left toe next to right foot
23-24	Turn 1/4 right & step left foot to left side, step right foot next to left

4X CHARLESTON BOBS WITH EXPRESSION, SIDE STEP, TOE TOUCH, ¼ LEFT STEP FORWARD, TOE TOUCH

25	Bend both knees diagonally forward left-arms (open palmed) diagonal right (Charleston style)
26	Bend both knees diagonally forward right-arms (open palmed) diagonal left (Charleston style)
27-28	Repeat count 25, repeat count 26
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29-30 (Straighten up) step right foot to right side, touch left toe next to right foot 31-32 Turn ¼ left & step forward onto left foot, touch right toe next to left foot

BRIDGE

After completing the 4th wall (part 1) do the following

1-4 Step right foot in place, touch left toe to left side, touch left toe next to right foot, touch left toe to left side

PART B (SING-ALONG TIME)

2X VAUDEVILLES WITH EXPRESSION, HEEL SWITCHES WITH HOLDS

1&2 Cross step left foot over right, step right foot to right side, touch left heel diagonally forward

left

& Step left foot next to right

3&4 Cross step right foot over left, step left foot to left side, touch right heel diagonally forward

riaht

Both vaudevilles: cross step, forearms crossed & touch, arms extended outward

&5-6 Step right foot next to left, touch left heel forward, hold &7-8 Step left foot next to right, touch right heel forward, hold

2X BACKWARD TOE STRUTS WITH EXPRESSION, ½ RIGHT SHUFFLE FORWARD, FULL TURN TRIPLE STEP

9-10	(Body & head turned right) step backward onto right toe, drop right heel to floor
11-12	(Body & head turned left) step backward onto left toe, drop left heel to floor
13&14	Turn $\frac{1}{2}$ right & step forward onto right foot, close left foot next to right, step forward onto right foot
15&16	(On the spot) triple step full turn right stepping left, right, left

(MOVING BACKWARD) 4X DIAGONAL FORWARD KICK-STEP BACKWARD

17-18	Kick right foot diagonally forward left, step backward onto right foot
19-20	Kick left foot diagonally forward right, step backward onto left foot
21-22	Kick right foot diagonally forward left, step backward onto right foot
23-24	Kick left foot diagonally forward right, step backward onto left foot,

COASTER STEP, STEP FORWARD, PIVOT ½ RIGHT, ¼ RIGHT SIDE STEP, STEP BEHIND, SIDE ROCK, ROCK WITH ¼ RIGHT

25&26	Step backward onto right foot, step left foot next to right, step forward onto right foot
27-28	Step forward onto left foot, pivot ½ right, (weight on right foot)
29-30	Turn ¼ right & step left foot to left side, cross step right foot behind left,
31-32	Rock left foot to left side, rock onto right foot & turn 1/4 right

FINISH

After count 32 of wall 6 (part 2) do the following

1-3 Step forward onto left foot, pivot ½ right, hold

4&5 Step ball of left foot next to right, step right foot in place, step left foot in place

Count 5: right hand on hat brim-left hand behind back