

# I Can't Pretend

**COPPER KNOB**  
BY STEPHEN METZ

拍数: 0      墙数: 4      级数: Intermediate/Advanced  
编舞者: Allan Burr (AUS) & Karen Burr (AUS)  
音乐: Surrender (Ultramix) - Laura Pausini



Sequence: AAA, BB, Tag 1, AA, BB, Tag 2, A, BBBB, Ending. Dance starts after 16 beats, 'I Can't Pretend'. Start on the word 'Pretend'

## PART A

### 2 SHUFFLES FORWARD, FORWARD, ROCK BACK, ½ SHUFFLE

1&2-3&4      Shuffle forward right-left-right, shuffle forward left-right-left  
5-6-7&8      Step right forward, rock back onto left, turning ½ turn right shuffle forward: right-left-right (6:00)

### FORWARD, ¾ SPIN, 3X ACROSS TOE STRUTS TRAVELING FORWARD

1-2      Step left forward, spin on the spot ¾ turn left on left foot hitching right knee (9:00)  
3-4      Touch right toe across in front of left, drop right heel  
5-6      Touch left toe across in front of right, drop left heel  
7-8      Touch right toe across in front of left, drop right heel

### ACROSS, BACK, ½ SHUFFLE, FULL TURN FORWARD, FORWARD, KICK

1-2-3&4      Step left across in front of right, step right back, turning ½ turn left shuffle forward: left-right-left (3:00)  
5-6      Turn ½ turn left step right back, turn ½ turn left step left forward (option: walk forward: right, left)  
7-8      Step right forward, kick left forward at 45 degrees left (3:00)

### LEFT SAILOR, ¼ RIGHT SAILOR, FORWARD, TWIST ¼, TWIST ¼, ½ HOOK

1&2      Step left behind right, step right to side, step left to side  
3&4      Turn ¼ turn right step right behind left, step left to side, step right to side (6:00)  
5      Step left slightly forward with weight on both feet  
6      Twist both heels left turning ¼ turn right (3:00)  
7      Twist both heels left turning ¼ turn right weight ending on left (12:00)  
8      Turn/spin ½ turn right on left foot hooking right across left shin (6:00)

## PART B

### 8 HEEL BOUNCES - RAISING ARMS UP ('I RAISE MY HANDS')

1-8      Touch right toe forward bouncing right heel for 8 beats taking weight onto right on beat 8 (6:00) (while doing the above 8 beats: slowly raise both arms from sides, out to sides to above your head)

### 2 X 'V' STEPS - LOWERING ARMS ('I SURRENDER')

1-2      Step left heel forward at 45 degrees left, step right heel forward at 45 degrees right  
3-4      Step left back to center, step right back to center  
5-6      Step left heel forward at 45 degrees left, step right heel forward at 45 degrees right  
7-8      Step left back to center, touch right to center weight on left (6:00)

While doing the above 8 beats: slowly lower both arms, out to sides down to sides

### SIDE SHUFFLE, TOUCH BEHIND, UNWIND ½, TOUCH: FORWARD-&-SIDE-&-BACK-HITCH-BACK

1&2      Side shuffle to right stepping right-left-right  
3-4      Touch left toe behind right, unwind ½ turn left taking weight onto left (12:00)  
5&6      Touch right toe forward, step right together, touch left toe to left side

- &7 Step left together, touch right toe slightly back at 45 degrees right  
&8 Hitch right knee slightly forward, touch right toe slightly back at 45 degrees right (12:00)

**FORWARD, ROCK BACK, ½-FORWARD, HOLD, ½-BACK, HOLD, BACK-½, SPIN ½**

**The following 8 beats travels backwards**

- 1-2 Step right forward, rock back onto left  
&3-4 Turn ½ turn right stepping right forward, step left forward, hold (6:00)  
&5-6 Turn ½ turn left stepping right back, step left back, hold (12:00)  
&7 Step right back, turn ½ turn left stepping left forward (6:00)  
8 Turn/spin ½ turn left on left foot hitching right knee (12:00)

**TAG 1**

**This tag will be done at the back**

**2X RIGHT ROCKING CHAIRS**

- 1-2-3-4 Step right forward, rock back onto left, step right back, rock forward onto left  
5-6-7-8 Step right forward, rock back onto left, step right back, rock forward onto left

**TAG 2**

**This tag will be done at the back**

**RIGHT ROCKING CHAIR, 2X PIVOT TURNS, RIGHT ROCKING CHAIR**

- 1-2-3-4 Step right forward, rock back onto left, step right back, rock forward onto left  
5-6-7-8 Step right forward, pivot ½ turn left weight on left, step right forward, pivot ½ turn left weight on left  
1-2-3-4 Step right forward, rock back onto left, step right back, rock forward onto left

**ENDING**

**You would have finished your last Part B spinning to the front, to finish, do the first 8 beats of Part B raising your arms**

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