

I Can See Clearly Now

拍数: 80 墙数: 1 级数:
编舞者: Lorraine Shelton (AUS)
音乐: I Can See Clearly Now - Anne Murray



ACROSS, TOUCH, SHUFFLE FORWARD, FORWARD, ROCK BACK, ½ TURN SHUFFLE

1-2 Step left across in front of right, touch right toe to the side
3&4 Shuffle forward right-left-right
5-6 Step left forward, rock back onto right
7&8 Turn ½ turn left shuffle forward left-right-left

ACROSS, TOUCH, SHUFFLE FORWARD, FORWARD, ROCK BACK, ½ TURN SHUFFLE

1-2 Step right across in front of left, touch left toe to the side
3&4 Shuffle forward left-right-left
5-6 Step right forward, rock back onto left
7&8 Turn ½ turn right shuffle forward right-left-right

PADDLE TURN, SHUFFLE ACROSS, ¼ TURN, ½ TURN, SIDE SHUFFLE

1-2 Step left forward, turn ¼ turn right take weight onto right
3&4 Shuffle across in front of right left-right-left
5-6 Turn ¼ turn left step right back, turn ½ turn left step left forward
7&8 Side shuffle right right-left-right

SAILOR STEP, SAILOR STEP, FORWARD, ROCK BACK, ½ TURN SHUFFLE

1&2 Sailor: step left behind right, step right to the side, step left to the side
3&4 Sailor: step right behind left, step left to the side, step right to the side
5-6 Step left forward, rock back onto right
7&8 Turn ½ turn left shuffle forward left-right-left

45, TOUCH, BACK-HEEL, BACK-TOUCH, 45, TOUCH, BACK-HEEL, BACK-TOUCH

1-2 Step right forward at 45 degrees, touch left toe together
&3&4 Step left back, touch right heel at 45 degrees, step right back, touch left toe together
5-6 Step left forward at 45 degrees, touch right toe together
&7&8 Step right back, touch left heel at 45 degrees, step left back, touch right toe together

FORWARD, ROCK BACK, ½ TURN SHUFFLE, PIVOT TURN, SHUFFLE FORWARD

1-2 Step right forward, rock back onto left
3&4 Turn ½ turn right shuffle forward right-left-right
5-6 Step left forward, turn ½ turn right take weight onto right
7&8 Shuffle forward left-right-left

SIDE, HOLD, BEHIND-SIDE-ACROSS, SIDE, HOLD, BEHIND-SIDE-ACROSS

1-2 Step right to the side, hold
3&4 Step left behind right, step right to the side, step left across in front of right
5-6 Step right to the side, hold
7&8 Step left behind right, step right to the side, step left across in front of right

FORWARD, ROCK BACK, COASTER STEP, PIVOT TURN, SHUFFLE FORWARD

1-2 Step right forward, rock back onto left
3&4 Coaster: step right back, step left back, step right forward
5-6 Step left forward, turn ½ turn right take weight onto right

7&8 Shuffle forward left-right-left

SIDE, HOLD, BEHIND-SIDE-ACROSS, SIDE, HOLD, BEHIND-SIDE-ACROSS

1-2 Step right to the side, hold

3&4 Step left behind right, step right to the side, step left across in front of right

5-6 Step right to the side, hold

7&8 Step left behind right, step right to the side, step left across in front of right

FORWARD, ROCK BACK, COASTER STEP, PIVOT TURN, FULL TURN

1-2 Step right forward, rock back onto left

3&4 Coaster: step right back, step left back, step right forward

5-6 Step left forward, turn $\frac{1}{2}$ turn right take weight onto right

7-8 Turn $\frac{1}{2}$ turn right step left back, turn $\frac{1}{2}$ turn right step right forward

REPEAT

TAG

On wall 3 (facing the front) dance until beat 54. Hold for 4 beats instead of only one, then restart from the beginning.
