

# I Am A Man

拍数: 32      墙数: 4      级数: Improver  
编舞者: Bill "Bongo" Mason (UK)  
音乐: I Want a Man - Lace



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## **KICK BALL CHANGE TWICE, RIGHT SHUFFLE FORWARD, STOMP LEFT, RIGHT**

1&2      Kick right foot forward, close right foot beside left foot, step left foot in place (kick ball change)  
3&4      Kick right foot forward, close right foot beside left foot, step left foot in place (kick ball change)  
5&6      Step forward on right foot, close left foot beside right foot, step right foot forward (shuffle)  
7-8      Stomp left foot beside right foot, stomp right foot in place

## **STEP BACK LEFT, ½ TURN RIGHT, STOMP LEFT, STEP RIGHT, LEFT, CROSS RIGHT, JUMP RIGHT, STEP LEFT**

9-10      Step back on left foot, pivot ½ turn right (weight on right foot)  
11-12      Stomp left foot beside right foot, step right foot in place  
13-14      Step left foot to side, cross right foot behind left foot, bring weight onto left foot  
&15&16      Jump right foot over left foot, stepping left foot to side

## **ROCK SWAYS, STOMP RIGHT, LEFT (OUT OUT, IN IN), STEP RIGHT, CROSS LEFT, JUMP LEFT, STEP RIGHT**

17-18      Rock to side on right foot, rock to side on left foot (out-out) (rock sways)  
19-20      Stomp right foot beside left foot, stomp left foot in place in-in)  
21-22      Step right foot to side, cross left foot behind right foot, bring weight onto right foot  
&23&24      Jump left foot over right foot, stepping right foot to side

## **CROSS LEFT, STEP RIGHT BACK, STEP LEFT, ½ TURN LEFT, STEP RIGHT, LEFT, SHUFFLE FORWARD RIGHT, STEP FORWARD RIGHT, ¼ TURN RIGHT**

25-28      Cross left foot over right foot, step right foot back, step left foot ½ turn left, step right foot beside left foot  
29&30      Step forward on left foot, close right foot beside left foot, step left foot forward (shuffle)  
31-32      Step forward on right foot making ¼ turn left (weight remains on left foot)

## **REPEAT**

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