

I Ain't No Quitter

COPPER KNOB
BY STEPHEN B. B. B.

拍数: 80 墙数: 2 级数: Improver straight rhythm
编舞者: Yvonne Anderson (SCO)
音乐: I Ain't No Quitter - Shania Twain



KNEE ROLLS RIGHT, HOLD, LEFT, HOLD, RIGHT, LEFT RIGHT, HOLD

1-4 Roll right knee in, hold, roll left knee in, hold (12:00)
5-8 Roll right knee in, roll left knee in, roll right knee in, hold (12:00)

TOUCH RIGHT HEEL FORWARD, HITCH, TOUCH RIGHT HEEL FORWARD, TOUCH RIGHT TOES SIDE, BEHIND, SIDE, TOUCH RIGHT HEEL FORWARD, HITCH

1-4 Right heel forward, hitch right across left, right heel forward, right toes to right (12:00)
5-8 Right toes back, right toes to right, right heel forward, hitch right across left (12:00)

RIGHT STEP-LOCK-STEP, SCUFF, LEFT STEP-LOCK-STEP, SCUFF

1-4 Step right forward, lock left behind right, step right forward, scuff left forward (12:00)
5-8 Step left forward, lock right behind left, step left forward, scuff right forward (12:00)

STEP ¼ LEFT, CROSS, ¾ TRIPLE TURN RIGHT, SCUFF

1-4 Step right forward, make ¼ turn left (weight on left), step right across left, hold (9:00)
5-8 Make ¼ turn right stepping left back, make ½ turn right stepping right forward, step left forward, scuff right forward (6:00)

Easier option for counts 5-8: vine ¼ left, scuff

STEP ½ LEFT, ¼ LEFT SIDE, HOLD, LEFT COASTER STEP, HOLD

1-2 Step right forward, make ½ turn left taking weight on left (12:00)
3-4 Make ¼ turn left stepping right to side, hold (9:00)
5-8 Step left slightly back, step right beside left, step left slightly forward, hold (9:00)

TWO STEP TURN WITH CLAPS (TRAVELS FORWARD), FORWARD RIGHT COASTER STEP, HOLD

1-4 Make ½ turn left stepping right back, hold and clap hands, make ½ turn left stepping left forward, hold and clap hands (9:00)
5-8 Step right slightly forward, step left beside right, step right back, hold (9:00)

CROSS. BACK, BACK, CROSS, BACK, ½ RIGHT, STEP LEFT FORWARD, HOLD

1-4 Step left across right, step right back step left back, step right across left (9:00)
5-8 Step left back, make ½ turn right stepping right forward, step left forward, hold (3:00)

TOUCH RIGHT HEEL FORWARD. HOLD, TOUCH RIGHT TOES BACK. HOLD, STEP ½ LEFT, ¼ LEFT SIDE, HOLD

1-4 Touch right heel forward, hold, touch right toes back, hold (3)
5-8 Step right forward, make ½ turn left taking weight on left, make ¼ turn left stepping right to side, hold (6:00)

BEHIND, SIDE, FRONT, HOLD, MONTEREY 1/2 RIGHT WITH HOLD

1-4 Step left behind right, step right to right, step left across right, hold (6:00)
5-8 Touch right toes to right, make ½ turn right stepping right beside left, touch left toes to left, hold (12:00)

BEHIND, SIDE, FRONT, HOLD, MONTEREY ½ RIGHT

1-4 Step left behind right, step right to right, step left across right, hold (12:00)

5-8

Touch right toes to right, make $\frac{1}{2}$ turn right stepping right beside left, point left toes to left, step left beside right (6:00)

REPEAT
