

Hysteria

拍数: 64 墙数: 2 级数: Advanced
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音乐: Hysteria - Kieran Kane



- 1-2 Step forward on left, step forward on right beside left
&3&4 Hop back on left, point right back at 45 degrees right, hop on right beside left, point left back at 45 degrees left
&5 Hop on left to center, cross/touch ball of right over left
6 Step forward on ball of right at 45 degrees right
7&8 Tap right heel down, raise right heel, tap right heel down (end weight on right)
- 1 Turning $\frac{1}{4}$ turn right on ball of right step forward on left
2 Turning $\frac{1}{2}$ turn right on ball of left hook right up over left
3&4 Shuffle forward right, left, right
&5&6&7-8 (Moving forward on balls of feet) step left to left, step right to right, step left to center, step right to center and beside left, step left to left, touch right heel to right side, slap right up behind left knee with left hand
- &1-2 Hop onto right, point left to left side, step on left across over right
3-4 Float right to right in an arc to step/touch right over left
5-6 Float right to right in an arc to step/touch right behind left (weight on left)
7&8 (Moving to the left) side cross/shuffle left on right, left, right
- 1-4 Point left to left side, turn $\frac{1}{2}$ turn left dragging left in to step beside right, touch right to right side, touch right beside left
5-6 Stomp right forward (angling body and palms of hands out $\frac{1}{4}$ turn left, i.e., Facing original wall), hold
7&8 (Straightening body up and hands to sides) step back on right, step back left beside right, step forward on right
- 1-2 Stomp left forward (angling body and palms of hands out $\frac{1}{4}$ turn left, i.e., Facing original wall), hold
3&4 (Straightening body up and hands to side) step back on left, step back on right beside left, step forward on left
5-6 Turning $\frac{1}{4}$ turn left step right to right, cross/step left behind right
&7&8 Step right to right, cross/step left over right, step right to right, cross/step left over right
- 1-4 Point right to right side, dragging right in to step beside left turn $\frac{3}{4}$ turn right, touch left to left side, step on left beside right
5-8 (Raising both shoulder up and down with each step) step right to right side, step left beside right, step right to right side, touch left beside right
- 1-4 (Moving left) rolling full turn vine turn left stepping left, right, left, tap right beside left
5-6-7&8 Large step on right to right side, slide left to beside right, tap left beside right, tap left beside right, tap left beside right
- &1&2&3&4 Ball jacks: hop diagonally back on left, right 45 degrees forward, hop right back to center, touch left beside right, hop diagonally back on left, right 45 degrees forward, hop right back to center, touch left beside right
5-8 Moving left turn 1 & $\frac{1}{4}$ turns stepping left, right, left, right

REPEAT
