

Hypnotized

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Intermediate mambo
编舞者: John Whittington (FR)
音乐: Hypnotized - Sofia



KICK BALL ¼ TURN X4

1&2 Kick right foot forward, step right foot beside left after ¼ turn right, return weight to left foot
3-8 Repeat 3 times

SKATER STEPS, DIAGONAL SHUFFLE RIGHT, SKATER STEPS DIAGONAL SHUFFLE LEFT

1-2 Skate forward on right foot, skate forward on left foot,
3&4 Step right on right diagonal forward, step left beside right, step right on right diagonal forward
5-6 Skate forward on left foot, skate forward on right foot
7&8 Step left on left diagonal forward, step right beside left, step left on left diagonal forward

BACK LOCK STEPS, MAMBO STEP

1&2 Step back right on diagonal right behind, lock left in front of right, step back right on diagonal right behind
3&4 Step back left on diagonal left behind, lock right in front of left, step back left on diagonal left behind,
5&6 Step back right on diagonal right behind, lock left in front of right, step back right on diagonal right behind
7&8 Step back on left, return weight to right, step left beside right

FULL TURN FORWARD LEFT, RIGHT MAMBO FORWARD, FULL TURN FORWARD RIGHT, LEFT MAMBO FORWARD

1-2 Step back right after ½ turn left, step forward left after ½ turn left
3&4 Step right forward, return weight to left, step right beside left
5-6 Step back left after ½ turn right, step forward right after ½ turn right
7&8 Step left forward, return weight to right, step left beside right

CROSS ROCK SIDE, CROSS ROCK SIDE, TRIPLE ½ TURN LEFT, COASTER STEP

1&2 Rock right across left, return weight to left, step right to right side
3&4 Rock left across right, return weight to right, step left to left side,
5&6 Triple step ½ turn left, right left right
7&8 Step back on left, step right beside left, step forward on left

MAMBO CROSS RIGHT AND LEFT, ROCK RIGHT, ¼ TURN MAMBO LEFT, STEP RIGHT FORWARD, LEFT SHUFFLE FORWARD

1&2 Step right to right side, return weight to left, step right across in front of left
3&4 Step left to left side, return weight to right, step left across in front of right,
5&6 Step right to right side, return weight to left with ¼ turn left, step right beside left
7&8 Step forward left, step right beside left, step forward left

REPEAT