

Hypnotized

COPPER KNOB
BY STEPHEN METZ

拍数: 80 墙数: 4 级数: Improver
编舞者: Michael Weeks (USA) & Betty Robinson
音乐: Mi Amor - Oscar De La Hoya



RIGHT DIAGONAL STEP, RECOVER, RIGHT DIAGONAL STEP, RECOVER, STEP SLIDE, STEP LEFT DIAGONAL STEP, RECOVER, LEFT DIAGONAL STEP, RECOVER, STEP SLIDE, STEP

- 1&2& Step right forward at diagonal to the right, recover weight to left, rock right forward at diagonal, recover weight to left
- 3&4 Step right forward at diagonal, slide left to meet right, step right forward at diagonal (weight on right)
- 5&6& Rock left forward at diagonal (left), recover weight to right, rock left forward at diagonal, recover weight to right
- 7&8 Step left forward at diagonal, slide right to meet left, step left forward at diagonal (weight on left)

RIGHT TOE TOUCH BACK, ¼ TURN RIGHT, CROSSING SHUFFLE, LEFT TOE TOUCH SIDE, ½ TURN LEFT, BODY ROLL

- 1-2-3&4 Touch right toe behind the left, with weight on left pivot ¼ to the right, cross right over left, step left to left, cross right over left
- 5-6-7-8 Touch left toe to left side, with weight on right, pivot ½ turn left, bring left foot together with right, bend knees slightly and roll body up (7-8)

1-16 Repeat first two sets of 8

You will be facing ½ rotation to left of beginning wall

RIGHT STEP LOCK, RIGHT SHUFFLE, FULL RIGHT TURN, LEFT FORWARD MAMBO

- 1-2 Step right forward, bring left behind right in locking position
- 3&4 Shuffle forward right-left-right
- 5-6 Step forward left, turn full turn right on the left foot, step forward right
- 7&8 Rock left forward, recover weight to right, step left beside right

RIGHT ROCK, RECOVER, COASTER WITH ¼ TURN RIGHT, LEFT ROCK, RECOVER, COASTER

- 1-2 Rock forward on right, recover weight to left
- 3&4 Step back on right, step together with left, turn ¼ as you step forward right
- 5-6 Rock forward on left, recover weight to right
- 7&8 Step back on left, step together with right, step forward left

RIGHT CROSS IN FRONT, SIDE, BEHIND, SIDE, CROSS IN FRONT, ROCK LEFT, RECOVER, BEHIND, SIDE, ¼ TURN RIGHT, STEP FORWARD LEFT

- 1-2 Cross right over left, step left to left side
- 3&4 Cross and step right behind left, step left to left side, cross right over in front of left
- 5-6 Rock left to left side, recover weight to right
- 7&8 Cross left behind right, step right to right side as you turn ¼ turn right, step forward left

1-24 Repeat last 8 counts 3 more times

You will complete a box ending on the wall you started on.

REPEAT