

Humdinger

拍数: 64 墙数: 2 级数: Improver
编舞者: David Cheshire (AUS)
音乐: Tore Up from the Floor Up - Wade Hayes



STOMPS, SIDE SHUFFLE, ROCK STEPS

- 1-2 Step right foot to right and stomp, stomp left foot next to right
- 3&4 Step right foot to right side, close left beside right, step right to right side
- 5-6 Rock back on left foot, step forward on right foot
- 7-8 Step left to left and stomp, stomp right foot next to left
- 9&10 Step left foot to left side, close right beside left, step left to left side
- 11-12 Rock back on right foot, step forward on left foot

SHUFFLES

- 13&14 Shuffle forward right-left-right
- 15&16 Shuffle forward left-right-left

GRAPE VINES

- 17-20 Step right foot to right, step left across behind right, step right to right side, touch left foot next to right
- 21-24 Step left foot to left, step right across behind left, step left to left side and touch right next to left

STEP, LOCK, STEP, SCUFF

- 25-28 Step forward on right foot at 45 degrees, slide left behind right and lock, step forward on right foot at 45 degrees, scuff left past right
- 29-32 Step forward on left at 45 degrees, slide right behind left and lock step forward on left at 45 degrees, scuff right past left

STEP PIVOT TURNS

- 33-34 Step forward on right and pivot $\frac{1}{4}$ turn left on balls of both feet
- 35-36 Repeat steps 33-34

SAILOR SHUFFLES AND STEP BACK

- 37&38 Place right foot behind left, switch left foot to left side slightly then right foot out to right side slightly
- 39&40 Place left foot behind right foot, switch right foot to right slightly then left foot to left slightly
- 41&42 Repeat steps 37&38
- 43&44& Place left foot behind right, switch right foot to right side slightly then left foot to left side slightly, (&) step back quickly on right foot taking weight

FORWARD HEEL TOE STRUTS

- 45-46 Step forward on left heel and drop left toe to floor
- 47-48 Step forward on right heel and drop right toe to floor
- 49-52 Repeat steps 45-48

BODY ROLLS, SHUFFLES

- 53-54 Step a long step forward on left foot while bending knees, slide right toe next to left instep and touch leaving heel up
- 55&56 Shuffle forward right-left-right
- 57-60 Repeat steps 53-56

ROCK STEPS, TRIPLE STEP

61-62 Rock forward on left foot, rock back onto right foot

63&64 Triple step on the spot, left-right-left

REPEAT
