

Hula Hula Hoop

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Jorma Leitzinger Jr. (FIN)
音乐: Rock-A-Hula Baby - Elvis Presley



SIDE HULA HOOPS

1-4 Step right to side, step left together, step right to side, touch left together
5-8 Step left to side, step right together, step left to side, step right together

Do hula motion with your hands during counts 1-8

HULA SWAYS

9-12 Sway hips: right, right, left, right
13-16 Sway hips: left, right, left, left

HULA HOOP FORWARD

17-18 Step right diagonally forward pushing hips forward, push hips forward
19-20 Step left diagonally forward pushing hips forward, push hips forward
21-24 Repeat steps 17-20

Pull your hands as pulling the rope during hip pushes

HULA HOOP PIVOT, HULA HOOP COASTER STEP

25-26 Step right forward, pivot $\frac{1}{4}$ left
27&28 Step right back, step left together, step right forward

HULA HOOP SHIMMIES

29-30 Step left to side, shimmy while stepping right together
31-32 Step left to side, shimmy while touching right together

REPEAT

TAG

On wall 4, only dance counts 1-26, then:

1-4 Sway hips right, right, left, left
5-8 Sway hips right, left, right, left
9-12 Sway hips right, right, left, left
13-15 Sway hips right, right, right