

How-Deee!!

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Bonnie Newcomer (USA) & Melinda Cingle (USA)
音乐: Howdy - The GrooveGrass Boyz



- 1&2 Right foot kick forward-land on ball of foot-left foot step forward (right-right-left)
3&4 Right foot kick forward-land on ball of foot-left toe touch back (right-right-left)
5& Pivot on right foot ½ turn to the left (to the left) as left toe taps twice
6 Left heel touch forward
7&8 Left shuffle forward (left-right-left)
- 9&10 Right foot kick forward-land on ball of foot-left foot step forward (right-right-left)
11&12 Right foot kick forward-land on ball of foot-left toe touch back (right-right-left)
13& Pivot on right foot ½ turn to the left (to the left) as left toe taps twice
14 Left heel touch forward
15&16 Left shuffle forward (left-right-left)
- 17-18 Right foot step to right side, then left foot step behind right foot"
19 Right foot stomp to right side
&20 Syncopated stomps: left-right
21-22 Left foot step to left side, then right foot step behind left foot"
23 Left foot stomp to left side
&24 Syncopated stomps: right-left
- 25&26 Right shuffle forward (right-left-right)
27-28 Left foot rock forward, then right foot step down
29&30 Left shuffle backward (left-right-left)
31&32 Right coaster stomps (right-left-right) right stomp back- left stomp home- right stomp forward
- 33-34 left heel touch in front of right foot, then left toe touch to left side**
35-36 left heel touch in front of right foot, then left toe touch to left side
37 Left toe touch behind & to right side of right foot (bend knees)
38 Pivot on right foot ½ turn to the left (to the left) (straight knees)
39 Left foot step across right foot
&40 Right foot step back & left heel touch forward
- &41 Left foot step home & right heel touch forward
&42 Right foot step home & left heel touch forward
&43 Left foot step home & right heel touch forward
44 Clap hands (shift weight forward on right foot)
45-46 Right hip bumps forward (twice)
47&48 left hip bumps back or double time hip rolls (to the left) shift weight to left foot
- &49-50 syncopated steps: right-left moving forward, then clap hands**
&51-52 syncopated steps: right-left making ¼ turn to right (to the right), then clap hands
&53-54 syncopated steps: right-left making ¼ turn to right (to the right), then clap hands
&55-56 syncopated steps: right-left making ¼ turn to right (to the right), then clap hands
- 57-58 right heel touch in front of left foot, then right toe touch to right side**
59-60 right heel touch in front of left foot, then right toe touch to right side
61-62 Right toe touch behind left heel, then right toe touch to right side
63 Right foot cross over left foot

REPEAT
