

# How Sweet It Is

拍数: 96                      墙数: 1                      级数: Intermediate  
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音乐: How Sweet It Is - Michael Bublé



## **CROSS HITCH, BACK TOUCH, CROSS HITCH, SIDE TOUCH, SAILOR STEP, ¼ TURN STEP, CLOSE**

1-2                      Cross hitch right knee in front of left, cross touch right behind left  
3-4                      Cross hitch right knee in front of left, touch right to side  
5-6                      Step right behind left, step left to side, step right to side  
7-8                      ¼ turn to left stepping back on left, step right beside left (9:00)

## **FORWARD SHUFFLE, STEP ½ PIVOT, STEP LOCK, STEP ¾ SPIN TURN**

9&10                      Step forward on left, step right next to left, step forward on left  
11-12                      Step forward on right, ½ pivot to left (weight on left)  
13-14                      Step forward on right, lock step left behind right  
15-16                      Step forward on right, ¾ turn to right lifting left beside right ankle (12:00)

## **SIDE SHUFFLE, CROSS ROCK, RECOVER, STEP, SIDE SHUFFLE, STEP**

17&18                      Step to side on left, step right next to left, step left to side  
19-20                      Cross rock right behind left, step left in place  
21-22&                      Step right to side, step left in place, step right next to left  
23-24                      Step left to side, step right to side (12:00)

## **STEP, KICK, STEP, SWEEP, TUCK, ½ TURN STEP, FORWARD SHUFFLE**

25-26                      Cross step left behind right, low right kick to side  
27-28                      Cross step right behind left, sweep left to back (skimming floor)  
29-30                      Tuck left behind right, ½ turn to left stepping right in place  
31&32                      Step forward on left, step right next to left, step forward on left (6:00)

## **CROSS ROCK, RECOVER, SIDE "SWING" SHUFFLE TWICE, STEP, ¼ TURN, CLOSE**

33-34                      Cross rock right over left, step left in place  
35&36                      Step right to side, step ball of left beside right, step right (straight leg) to side (left knee stays bent)  
37&38                      Step left in place, step ball of right beside left, step left (straight leg) to side (right knee stays bent)

### **Easier option - replace with regular shuffles**

39-40                      Step right in place, ¼ turn to right stepping left beside right (9:00)

## **KICK BALL CHANGE, STEP ½ PIVOT, KICK BALL CHANGE, TUCK, ¾ TURN STEP**

41&42                      Right kick forward, ball step back on right, step left in place  
43-44                      Step forward on right, ½ pivot turn to left (weight on left)  
45&46                      Right kick forward, ball step back on right, step left in place  
47-48                      Tuck right behind left (start turn to right), complete ¾ turn stepping left beside right (9:00)

## **HIP WALKS TWICE, BACK-TOGETHER JUMPS, CLAP, TOE-STRUT, CROSS TOE-STRUT**

49-50                      Facing front, lift right hip & step right to right diagonal, lift left hip & step left to left diagonal

### **Optional arms:- bring right palm up & slightly out to shoulder level, repeat left**

&51-52                      Right-left quick jumps back, closing feet (&3) clap hands  
53-54                      Ball-step on right to side, drop right heel  
55-56                      Cross ball-step left over right, drop left heel

## **FULL SPIN TURN, SIDE TOUCH, HOLD, SLOW SWAY, QUICK SWAYS**

- 57-58 Take weight on right, spinning full turn to right, jab left to side (to "brake")  
59-64 Hold (3, 4) smoothly sway to left (5, 6) small sways to right and left (7, 8)

**CROSS KICK BALL-CHANGE TWICE, FORWARD "SWING" SHUFFLES, TWICE**

- 65&66 Cross kick right over left, ball-step back on right, step left in place  
67&68 Repeat (3&4)  
69&70 ¼ turn to left stepping right to side, step left next to right, ¼ turn to right stepping right in place

**Swivel on right heel if you like**

- 71&72 ¼ turn to right stepping left to side, step right next to left, ¼ turn to left stepping left in place

**Swivel on left heel**

**¼ TURN, SIDE LUNGE, RECOVER, ¾ TURN COASTER, SIDE, ½ PIVOT, ROCK-RECOVER**

- 73-74 ¼ turn to left & lunge to side on right (head turned to 12:00) (jab index finger forward on word "you" if you like), recover weight on left  
75&76 ¼ turn right stepping right behind left, ¼ turn right stepping left in place, ¼ turn right stepping right forward  
77-78 Large step on left to side (keep weight central, ½ turn to right bringing left next to right ankle)  
79-80 Large step on left to side, recover weight on right

**CROSS KICK BALL-CHANGE TWICE, FORWARD SWING SHUFFLES TWICE**

- 81&82 Cross kick left over right, ball-step back on left, step right in place  
83&84 Repeat (3&4)  
85&86 ¼ turn to right stepping left to side, step right next to left, ¼ turn to left stepping left in place

**Swivel on left heel if you like**

- 87&88 ¼ turn to left stepping right to side, step left next to right, ¼ turn to right stepping right in place

**Swivel on heel**

**¼ TURN- SIDE LUNGE, RECOVER, ¾ TURN COASTER, SIDE ½ PIVOT, ROCK, RECOVER**

- 89-90 ¼ turn to right & lunge to side on left (head turned to 12:00) (optional finger 'jab')recover weight on right  
91&92 ¼ turn left stepping left behind right, ¼ turn left stepping right in place, ¼ turn left stepping left forward  
93-94 Large step on right to side (keep weight central), ½ turn to left bringing right next to left ankle  
95-96 Large step on right to side, recover weight on left

**REPEAT**

On 3rd sequence, do the fast turn on count 57, then add a left touch beside right before the left side jab. Hold for 1 count only then slow sways (2 counts each) left-right-left followed by 2 quick sways. Continue as usual from count 65

**ENDING**

After 48 counts of 4th sequence continue counting in tempo as follows:-

- 1-4 Step right forward, touch left beside right, step left forward, touch right beside left  
5-6 ¼ turn left stepping right to side, look left and touch left shoulder with right hand  
7 Twist body to face 12:00, bending left knee & pushing right palm to 12:00  
8 Hold
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