

# How Long Gone

**COPPER KNOB**  
STEPSHEETS

拍数: 36      墙数: 4      级数:  
编舞者: Mike Caskey (USA)  
音乐: How Long Gone - Brooks & Dunn



## LEFT FORWARD ROCK, COASTER STEP, 2 QUARTER PIVOTS

1-2      Rock forward on left foot, rock back on right  
3&4      Step back on left, together with right, forward on the left foot  
5-6      Step forward on right pivot  $\frac{1}{4}$  turn left  
7-8      Step forward on right pivot  $\frac{1}{4}$  turn left

## RIGHT FORWARD ROCK. COASTER STEP, LEFT MONTEREY

1-2      Rock forward on right foot, rock back on left  
3&4      Step back on right, together with left, forward on the right foot  
5-6      Tap left foot to left side, slide left foot beside right as you turn back left  $\frac{1}{2}$  turn  
7-8      Tap right foot to right side, tap right foot beside left

## RIGHT MONTEREY, QUICK CHANGE STEPS, CLAP

1-2      Tap right foot to right side, slide right foot beside left as you turn back right  $\frac{1}{2}$  turn  
3-4      Tap left foot to left side, step together with left  
5&6      Tap right heel in front, bring right foot in, tap left heel forward  
&7-8      Bring left heel in, tap right heel out, clap

## QUICK CHANGE STEPS, VINE LEFT $\frac{1}{4}$ TURN SCUFF

1&2      Tap left heel forward, bring left heel in, tap right heel out  
&3-4      Bring right foot in, tap left heel out, clap  
5-6      Step to the left, step behind the left with the right  
7-8      Step to a  $\frac{1}{4}$  turn left with the left, scuff the right

**Variation: rolling vine left  $\frac{1}{4}$  turn scuff**

## STEP BACK, TURN $\frac{1}{2}$ , SHUFFLE

1-2      Step straight back on right, step straight back on left  
3&4      Turn  $\frac{1}{2}$  turn to the right as you step forward right, together left, forward right

**REPEAT**

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