

How Far?

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Kerry Hughes (AUS)
音乐: How Far - Martina McBride



FORWARD LEFT, BACK, TOGETHER, BACK, LEFT COASTER, CROSS STEP ¼ RIGHT, BACK ¼ RIGHT, BACK TRIPLE FORWARD OVER LEFT

- 1-2&3 Step forward on left, step back on right, step left next to right, step back on right
4&5 Step back left, step right beside left, step forward left (left coaster)
6&7 Cross step right over left turning ¼ right (3:00), step back on left turning ¼ right (6:00), step back on right
8&1 Step forward on left ¼ left, step back on right turning ¼ left, step forward on left turning ½ left (triple)

TOGETHER, FORWARD LEFT, RIGHT COASTER, LOCK LEFT, FORWARD RIGHT, SWEEP STEP BACK LEFT, SWEEP STEP BACK RIGHT ¼ LEFT, TOGETHER

- &2 Step right next to left, step forward on left
3&4 Step back on right, step left next to right, step forward on right (right coaster)
&5 Lock step left behind right, step forward on right
6-7 Sweep step back left, sweep step back right
8& Step left ¼ left, step right next to left (3:00)

LEFT TO LEFT, RIGHT TO RIGHT, TOGETHER, RIGHT TO RIGHT, CROSS STEP LEFT OVER RIGHT, RIGHT TO RIGHT, LEFT TO LEFT, CROSS STEP RIGHT OVER LEFT, LEFT TO LEFT, CROSS STEP RIGHT OVER LEFT, BACK LEFT ¼ RIGHT, BACK RIGHT, TOGETHER LEFT

- 1-2&3 Step left to left, step right to right, step left next to right, step right to right
4 Cross step left over right
5&6 Step right to side, step left to side, cross step right over left
&7 Step left to side, cross step right over left
&8& Step back on left turning ¼ right, step back on right, step left next to right (6:00)

TRIPLE FORWARD OVER RIGHT, LEFT TOGETHER, FORWARD RIGHT, ¼ SAILOR LEFT, ½ SAILOR RIGHT, TOGETHER LEFT, FORWARD RIGHT

- 1&2 Roll forward over right stepping right-left-right
&3 Step left next to right, step forward on right
4&5 Step left to left turning ¼ left, step right to right, step left to left (3:00)
6&7 Step forward on right ½ right, step left to left side, step right to right side (9:00)
&8 Step left next to right, step forward on right

REPEAT

RESTART

On wall 4, dance first 8 ½ counts then restart

On wall 7, dance first 4 ½ counts then restart

On wall 8, dance first 16 ½ counts, pause for hold and restart dance with vocals