

# How Does It Feel?

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Melissa Humbarger  
音乐: Lost Without You - Robin Thicke



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## SLIDE RIGHT, SAILOR WITH ½ TURN LEFT, SCISSOR STEP WITH ¼ LEFT, WALK LEFT, RIGHT

1                    Step right to right side  
2&3                Step left behind right, turn ¼ left and step right back, turn ¼ left and step left across right  
4&5                Step right to right side, step left beside right, turn ¼ left and step right forward  
6-7                Walk left, right

## ROCK FORWARD AND BACK, LARGE STEP BACK, CROSS ROCK SWEEP, SAILOR STEP, TOE POINTS

8&1                Rock forward left, recover right, step back on left  
2-3                Rock forward right, large step left back  
4&5                Step right in front of left, step left back, sweep right to right  
6&                 Step right behind left, step left beside right  
7&8&              Point right toe forward, step right beside left, point left toe forward, step left beside right

## POINT AND STEP TWICE WITH ½ TURN RIGHT, SWAYS, CHASSE RIGHT

1-2                Point right to right, ½ turn left and step right in place  
3-4                Point left to left, step left in place  
6-5                Sway right, left  
7&8&              Step right to right, step left beside right, step right to right, step left beside right

## SAILOR STEP (TWICE) WITH ½ TURN RIGHT, STEP TOGETHER, SLIDE STEPS WITH ¼ TURN LEFT

1                    Step right to right  
2&3                Step left behind right, turn ¼ right and step right forward, step left beside right  
4&5                Step right behind left, turn ¼ right and step left to left, step right beside left  
6                    Step left beside right  
7-8                Step right to right, turn ¼ left and step left to left  
&                    Turn ¼ turn left

## REPEAT

## TAG

4-count hold after 2nd and 7th time through

## RESTART

Restart after first 16 counts of 3rd and 6th time through

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