

Hot Water

拍数: 60 墙数: 2 级数: Intermediate
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音乐: Hot Water - Brother Phelps



WALK FORWARD

- 1-2 Right toe, right heel
- 3-4 Left toe, left heel
- 5-6 Right toe, right heel
- 7-8 Left toe, left heel

- 1-2 Step forward on right foot; do $\frac{1}{4}$ pivot to left on ball of left foot
- 3-4 Stomp right foot together with left; clap once
- 5-7 Hop forward 3 times
- 8 Clap once

SIDE BREAKS

- 1-2 Step to right side with right foot; place weight back on left foot
- 3-4 Bring right foot back together with left foot; clap once
- 5-6 Step to left side with left foot; place weight back on right foot
- 7-8 Bring left foot back together with right foot; clap once

- 1-2 Step to right side with right foot; place weight back on left foot
- 3-4 Bring right foot back together with left foot; clap once
- 5-6 Step to left side with left foot; place weight back on right foot
- 7-8 Bring left foot back together with right foot; clap once

STEP PIVOTS

- 1-2 Step forward on right foot; $\frac{1}{4}$ pivot on left foot to the left
- 3-4 Step forward on right foot; $\frac{1}{4}$ pivot on left foot to the left
- 5-6 Step forward on right foot; $\frac{1}{4}$ pivot on left foot to the left
- 7-8 Step forward on right foot; $\frac{1}{4}$ pivot on left foot to the left

HEEL-PULL-CROSS STEPS

- 1-2 Tap right heel forward; pull right foot back at 45° angle (weight on ball of right)
- 3-4 Cross left foot over right foot; step to the right with right foot
- 5-6 Tap left heel forward; pull left foot 45° angle back (weight on ball to left)
- 7-8 Cross right foot over left; step to the left with left foot

- 1-2 Tap right heel forward; pull right foot back at 45 degree angle (weight on ball of right)
- 3-4 Cross left foot over right foot; step to the right with right foot
- 5-6 Tap left heel forward; step down on left foot
- 7-8 Step down on right foot; clap once

RABBIT HOPS

- 1-2 Hop forward on both feet; hop forward on both feet
- 3-4 $\frac{1}{4}$ hop to left on both feet; clap once

REPEAT