

I Will Survive (Sobre Vivre)

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Ann Napier (NZ)
音乐: Sobre Vivre (I Will Survive) - SDR Salsa & Michael



STOMP, KICK BALL CHANGE, KICK, HEEL GRIND, COASTER STEP

- 1 Stomp right foot forward (keeping weight on left foot)
- 2&3 Kick right foot forward, step right foot in place, step left foot in place
- 4 Kick right foot to right diagonal
- 5 Cross right foot over left (taking weight on right heel, toes pointing to 11:00)
- 6 As you grind right heel into floor swivel toes to 1:00 stepping to left side on left foot
- 7&8 Step back on right foot, close left foot beside right, step forward on right foot

STOMP, KICK BALL CHANGE, KICK, HEEL GRIND, COASTER STEP

- 1-8 Repeat above 8 counts on opposite side

STEP, ¼ PIVOT TURN, CROSS SHUFFLE, ¼ TURN, ½ TURN, SHUFFLE

- 1-2 Step forward on right foot, pivot ¼ turn left
- 3&4 Cross right foot over left, step left foot to left side, cross right foot over left
- 5-6 Make ¼ turn right stepping back on left foot, make ½ turn over right shoulder stepping right foot forward
- 7&8 Shuffle forward on left, right, left

ROCK STEPS, CHUG TURN TO LEFT

- 1-2 Rock forward on right foot, recover weight onto left foot
- 3-4 Rock back on right foot, recover weight onto left foot
- 5 Pivot ¼ turn left on left foot as you touch right toes out to right side
- 6-7 Repeat count 5 another twice
- 8 Pivot ¼ turn left on left foot as you step right foot beside left (weight ends on right foot)

SYNCOPATED VINE LEFT, ROCK STEP, RIGHT CHASSE

- 1-2 Step left foot to left side, cross right foot behind left
- &3-4 Step left foot in place, cross right foot over left, step left foot to left side
- 5-6 Rock back on right foot, recover weight onto left foot
- 7&8 Step right foot to right side, close left foot beside right, step right foot to right side

WEAVE RIGHT WITH ¼ TURN, STEP, ½ PIVOT TURN, SHUFFLE

- 1-2 Cross left foot over right, step right foot to right side
- 3-4 Cross left foot behind right, make ¼ turn right on right foot
- 5-6 Step forward on left foot, pivot ½ turn right
- 7&8 Shuffle forward on left, right, left

SIDE ROCKS, CROSS SHUFFLES (TRAVELING FORWARD)

- 1-2 Rock right foot out to right side, recover weight onto left foot
- 3&4 Cross right foot over left, step left foot to left side, cross right foot over left (towards left diagonal)
- 5-6 Rock left foot out to left side, recover weight onto right foot
- 7&8 Cross left foot over right, step right foot to right side, cross left foot over right (towards right diagonal)

ROCK STEPS, ½ TURNING SHUFFLES

- 1-2 Rock forward on right foot, recover weight onto left foot

3&4 Make a ½ turn over right shoulder as you shuffle on right, left right
5-6 Rock forward on left foot, recover weight onto right foot
7&8 Make a 1/2 turn over left shoulder as you shuffle on left, right left

REPEAT
