

拍数: 32 墙数: 4 级数: Intermediate

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音乐: Want Ya - Darin



HITCH, STEP, OPEN, CLOSE, SHOULDER POPS, DOWN, UP, LOOK RIGHT, TOUCH & THROW HANDS RIGHT, KICK BALL STEP

1&2 Hitch right foot, step right foot in place, bending knees, open, knees facing diagonally

&3& Close knees together, pop right shoulder up, left shoulder down, pop right shoulder down, left

shoulder up

4-5 Bend knees, go down in a sitting position, straighten up

On count 5 you can also do a body roll coming up

Touch left foot behind right, look right as you throw both hands to right side, palms open

7&8 Kick left foot forward, step back on ball of left foot, step forward on right foot

STEP, ½ TURN, STEP, SIDE ROCK HITCH, BODY ROLL RIGHT, BODY ROLL LEFT

1&2 Step forward on left foot, pivot ½ turn right on left foot, step forward on left foot

3&4 Rock to right side on right foot, recover on left foot, hitch right foot

5-6 Step right foot to left side, touch left foot next to right, (body roll to right side)
7-8 Step left foot to right side, touch right foot, next to left foot, (body roll to left side)

On counts 6&8 do a little jerk with shoulders forward

KICK, BACK, BACK, LOOK FORWARD, SWING, LOOK DIAGONAL, ROCK & ROCK & SLIDE 1/4 TOUCH

1&2 Kick right foot forward, punch hands forward in a fist, step right foot back to right side, bring

both hands to chest, step left foot to left side, drop hands to respective sides, while looking

down at the same time

3-4 Bring your head up, looking forward, swing head down, then to left side, facing diagonally

(weight on left foot)

5&6& Rock slightly to right side on right foot, recover on left foot, rock on right foot, recover on left

foot

7&8 Rock on right foot and slightly lift left foot, making ¼ turn left, take a big step forward on left

foot, touch right foot next to left foot

STEP, PIVOT ½, ½ TURN STEP, ROCK BACK & KICK & CROSS, KNEE POPS, TOUCH

1&2 Step forward on right foot, pivot ½ turn left on left foot, step back on right foot making another

½ turn left

Easier alternative step:

1&2 Step back on right foot, recover on left, step right next to left)

3&4& Rock back on left foot, recover on right foot, kick left foot, cross left foot over right foot

5-6 Press right foot to right side, pop right knee in

7&8 Pop right knee out, pop right knee in, touch right foot next to left foot

On counts 5-7& place right hand, slightly above right knee and pretend there is a string attached from fingers to knee, move hand the same direction of knee

On count 8 throw both hands to right side

REPEAT

TO FINISH

Just make a ¼ turn left, stepping on left foot, to face the front wall and pose

OPTIONAL 16 COUNT INTRO

After 16 counts into song. Divide floor into half, left side & right side. Right side starts first. Do the first 4 steps of dance. Then stop & straighten up. Left side then does the same first 4 steps. Then both right & left sides,

do the same first 4 steps, followed by body roll to right & body roll to left. Then begin the dance

RIGHT SIDE

1&2&3&4 Hitch, step, open, close, shoulder pops, go down (straighten up and hold)

LEFT SIDE

1&2&3&4- Hitch, step, open, close, shoulder pops, down. (straighten up as you hitch)

BOTH RIGHT & LEFT SIDES

1&2&3&4 Hitch, step, open, close, shoulder pops, down

5-6 Step right foot to right side, touch left foot next to right foot, (body roll)
7-8 Step left foot to left side, touch right foot next to left foot.(body roll)

Then begin the dance