

I Want To Fly

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: John "Growler" Rowell (UK)
音乐: Fly - Diamond Jack



Dedicated to the work of the NSPCC. "Cruelty To Children Must Stop...FULL STOP"

HEEL-HITCH, HEEL-HITCH, LEFT SHUFFLE, WALK-WALK, ROCK-RECOVER

1& Tap left heel forward, hitch left knee
2& Tap left heel forward, hitch left knee
3&4 Step forward left, step right next to left, step left forward
5-6 Step forward right, step forward left
7-8 Rock forward on right, recover weight on left

Advanced option: steps 5, 6 can be replaced with running man steps

&5 Slide left foot back hitching right knee, step forward right
&6 Slide right foot back hitching left knee, step forward left

BACK-LOCK-STEP, COASTER STEP, STEP-SCUFF, STEP-TAP-STEP/KICK

1&2 Step back right, lock left over front of right, step back right
3&4 Step left back, step right next to left, step forward left
5-6 Step right forward, scuff left forward
7& Step left forward, tap right toe behind left
8 Step back on right at same time kick left forward

TURN-BEHIND, SIDE-IN FRONT-TURN, RIGHT SAILOR, LONG STEP-SLIDE

1-2 Step left back quarter turn left (9:00), step right behind left
3& Step left to left, step right in front of left
4 Step left quarter turn right (12:00)
5&6 Step right behind left, step left in place, step right in place
7-8 Long step forward on left, slide right locking behind left

FORWARD-LOCK-STEP, ROCK-RECOVER, 3 STEP TURN, TOUCH

1&2 Step left forward, lock right behind left, step left forward
3-4 Rock forward right, recover weight to left
5 Pivot quarter right on ball of left stepping right to right (3:00)
6 On ball of right pivot half turn right stepping left to left (9:00)
7 On ball of left pivot half turn right stepping right to right (3:00)
8 Touch left next to right (3:00)

REPEAT

The music phrasing for this song is not an even count. Just dance through it. On the lyrics "I want to fly" spread your arms and fly!