I Wanna Rock

级数:

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音乐: Unbelievable - Diamond Rio

PRANCES FORWARD

- 1-2 Point right toe in touching next to left instep, step slightly forward right
- 3-4 Point left toe in, touching next to right instep, step slightly forward left
- 5-8 Repeat steps 1-4

JAZZ BOXES

- 9-10 Step right foot across front of left, step left foot back
- 11-12 Step right foot back, step left foot next to right foot
- 13-16 Repeat steps 9-12

HEEL & TOE TOUCHES WITH BOOT SLAPS

- 17-18 Touch right heel forward, touch right toe out to right side
- 19 Raise right foot up behind left leg and slap boot with left hand
- 20 Touch right toe out to right side
- 21 Touch right heel forward
- 22 Hook right foot up across front of left & slap boot with left hand
- 23 Touch right heel forward
- 24 Raise right knee up turning knee slightly in towards left with heel pointing to right. Side and slap boot with right hand

ROCK, ROCK, HOP & HITCH

- 25-26 Rock right foot forward (rocking weight back & forth), rock back on to left
- 27-28 Rock forward on right foot, small hop on right foot and hitch left knee up
- 29-30 Rock forward on left foot, rock back on to right foot
- 31-32 Rock forward on left foot, small hop with left foot and hitch right knee up

STEP FORWARD. ¼ PIVOT LEFT, ELVIS KNEES, STEP BACK RIGHT, TOUCH LEFT HEEL FORWARD, STEP LEFT, STOMP RIGHT

- 33-34 Step forward right, pivot ¼ turn to left (end with weight evenly distributed)
- 35&36 Bring both knees together & turn both knees out, bring both knees together
- 37-38 Step right foot back, touch left heel forward
- 39-40 Step left foot beside right foot, stomp right foot in place

SWIVET LEFT, CENTER, LEFT, CENTER, SWIVET RIGHT, CENTER, RIGHT, CENTER

- 41 With weight on left heel and right ball twist left toes left and right heel right
- 42 Return both to center
- 43-44 Repeat steps 41-42
- 45 With weight on right heel left ball twist right toes right and left heel left
- 46 Return both to center
- 47-48 Repeat steps 45-46

JUMP FORWARD, CLAP, JUMP BACK, CLAP, BOTH HEELS OUT, CENTER, BOTH TOES OUT, CENTER

- &49-50 Jump forward on right, step left beside right, hold and clap
- &51-52 Jump backwards on right, step right beside left, hold and clap
- 53-56 Turn both heels out, return to center, turn both toes out, return to center

SWIVET LEFT, CENTER, LEFT, CENTER, RIGHT, CENTER, RIGHT, CENTER





拍数: 64

墙数:4

57-64 Repeat steps 41-48

REPEAT