

I Spy

拍数: 64 墙数: 1 级数: Intermediate/Advanced
编舞者: Hank Dahl (USA) & Mary Dahl (USA)
音乐: That Girl's Been Spyin' On Me - Billy Dean



HIP BUMPS

1&2 Bump hips right, then left, then right
3&4 Bump hips left, then right, then left
5&6 Bump hips right, then left, then right
7&8 Bump hips left, then right, then left.

RIGHT ROCK STEPS, RIGHT COASTER STEP

9-10 Rock-step right foot forward; step left foot in place
11-12 Rock-step right foot back; step left foot in place
13-14 Rock-step right foot forward; step left foot in place
15&16 Step right foot back; step left beside right; step right foot forward.

LEFT ROCK STEPS, LEFT COASTER STEP

17-18 Rock-step left foot forward; step right foot in place
19-20 Rock-step left foot back; step right foot in place
21-22 Rock-step left foot forward; step right foot in place
23&24 Step left foot back; step right beside left; step left foot forward.

FORWARD & BACKWARD 'CHAIN OF EVENTS'

25-26 Point right toe to right side; cross-step right over left
27-28 Point left toe to left side; cross-step left over right
29-30 Point right toe to right side; cross-step right behind left
31-32 Point left toe to left side; cross-step left behind right.

RIGHT HIP THROW, LEFT HIP THROW

33-34& Touch right toe to right side; touch right heel down swinging hip to right; shift weight back to left
35&36 Touch right heel down swinging hip to right; shift weight back to left; lower right heel switching weight to right foot turning body slightly right
37-38& Touch left toe to left side; touch left heel down swinging hip to left; shift weight back to right
39&40 Touch left heel down swinging hip to right; shift weight back to left; lower left heel switching weight to left foot turning body slightly left.

CHASSE TO RIGHT

49-50 Step right foot to right; slide left foot next to right
51-52 Step right foot to right; slide left foot next to right
53-54 Turning $\frac{1}{4}$ right, step right foot to right; cross-step left over right
55-56 Unwind on balls of feet making $\frac{3}{4}$ turn right (face original wall); shift weight to right.

CHASSE TO LEFT

57-58 Step left foot to left; slide right foot next to left
59-60 Step left foot to left; slide right foot next to left
61-62 Turning $\frac{1}{4}$ left, step left foot to left; cross-step right over left
63-64 Unwind on balls of feet making $\frac{3}{4}$ turn left (face original wall); shift weight to left.

REPEAT

