

I Promise

拍数: 36 墙数: 2 级数: Intermediate
编舞者: Kevin Smith (AUS) & Maria Smith (AUS)
音乐: I Cross My Heart - George Strait



ROCK, REPLACE ¼ TURN, PIVOT FULL TURN, LOCK SHUFFLE BACK

1-2&3-4 Rock left to side, replace weight on right, step left next to right, ¼ turn right step forward right, step forward left
5&6-7&8 Step forward right, pivot ½ left onto left, ½ turn left step back right, lock shuffle back left-right-left

¼ TURN ROCK, ½ TURN ROCK, ¼ TURN ROCK, FULL TURN FORWARD

1-2 ¼ turn right rock right to side (leave left foot in place & turn body to face 6:00) extend arms out to sides to compliment rocking action
&3-4& Replace weight on left ½ turn left step right next to left, rock/step back left, return weight forward onto right (again move arms to compliment rock)
&5-6 ¼ turn right & step left next to right, rock back right, forward left, moving arms once again
7&8 Full turn forward over left shoulder stepping right-left-right

¼ TURN, CROSS SAMBA, TOUCH TOGETHER, SIDE, STEP FORWARD, SIDE SAMBA, TOUCH TOGETHER, SIDE, POINT ½ TURN HOOK

&1-2& ¼ turn left onto left step right across in front of left, rock out to left on left, replace weight on right
&3-4& Touch left toe next to right, touch left toe out to side, step forward left
5&6 Rock/step out to right, replace weight on left, cross/step right over left
&7-8& Touch left toe to side, touch left toe next to right, point left out to side, ½ turn left hooking left in front of right shin

LOCK SHUFFLE FORWARD, ROCK FORWARD, BACK, DOUBLE TURN BACK, STEP BACK, TOUCH CLICK

1&2-3-4 Left lock shuffle forward stepping left-right-left, rock forward right, back left
&5&6-7-8 ½ turn right onto right, ½ turn right stepping back left, repeat turn, step back right, touch left toe across in front of right click fingers out to sides

#

STEP ½ TURN ONTO TOE, STEP ½ TURN ONTO TOE

1-2-3 Step forward left, ½ turn left touch right back, step down on right
4 ½ turn left and touch left toe forward

REPEAT

TAG

After 2nd wall facing front

1-2&3-4 Rock left to side, replace weight right, ¼ turn right step left next to right, step forward right, rock back left
& Step right next to left, ¼ turn left to start dance

RESTART

On wall 4, dance up to count 32 and start again

On wall 5, leave off the last toe touch on count 36. On count step down on right and start again