

I Need A Man

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Judith Martin (AUS)
音乐: A Man Around Here - Brad Paisley



STEP, TOGETHER, STEP, TOUCH, STEP, TOGETHER, STEP, TOUCH

1-2-3-4 Right forward, left drag together, right forward, left touch together (at slight angle to right approx. 1/16)
5-6-7-8 Left forward, right drag together, left forward, right touch together (at slight angle to left approx. 1/16)

TOE STRUT BACK, TOE STRUT BACK, HEEL & HEEL & HEEL & HEEL

1-2-3-4 Right toe strut back, left toe strut back
5&6& Right heel forward, step right together, left heel forward, left together
7&8 Right heel forward, step right together, left heel forward

ROCK FORWARD, REPLACE, HALF, HOLD, ROCK FORWARD, REPLACE, HALF, HOLD

1-2-3-4 Left forward, right replace, left ½ to left, hold
5-6-7-8 Right forward, left replace, right ½ to right, hold

CROSS IN FRONT, SIDE, BEHIND, SIDE, ROCK FORWARD, ROCK BACK, LEFT COASTER STEP

1-2-3-4 Cross left over right, step right to side, step left behind right, step right to side
5-6-7&8 Left rock forward, right replace, left back coaster

SIDE, BEHIND, HEEL-BALL STEP, ROCKING CHAIR

1-2-3&4 Step right to side, step left behind right, right heel forward, right jump together, left step together
5-6-7-8 Right rocking chair

STEP, QUARTER, CROSS, TOUCH, CROSS, TOUCH, FORWARD, TOUCH BEHIND

1-2-3-4 Step right forward, pivot ¼ to left, cross right over left, touch left toe to side
5-6-7-8 Cross left over right, touch right toe to side, step right forward, touch left toe behind right

ROCK BACK, REPLACE, FORWARD, REPLACE, HALF SHUFFLE LEFT, HALF SHUFFLE LEFT

1-2-3-4 Rock left back, replace right, rock left forward, right replace
5&6 ½ shuffle to left, stepping left-right-left
7&8 ½ shuffle to left, stepping right-left-right

ROCK BACK, REPLACE, HALF SHUFFLE, SAILOR, SAILOR

1-2-3&4 Rock left back, right replace, ½ shuffle to right stepping left-right-left
5&6-7&8 Right sailor step, left sailor step

REPEAT

RESTART

Restart on wall 3 (musical bridge) after 32 beats

ENDING

On 7th wall, dance to beat 60 and end with

5&6& Step right together, left ¼ to right, right ¼ to right, left together