

I Loved Her First

COPPER KNOB
BY STEPHEN HETS

拍数: 48 墙数: 2 级数: Intermediate waltz
编舞者: Norman Gifford (USA)
音乐: I Loved Her First - Heartland



STRIDE FORWARD, POINT, HOLD, STRIDE BACK, POINT, HOLD

1-3 Left stride forward; right toe point to side; hold
4-6 Right stride back; left toe point to side; hold

STRIDE, ½ TURN, STEP, COASTER STEP

1-3 Left stride forward; right step forward turning ½ left; left step back
4-6 Right step back; left together; right step forward (6:00)

STRIDE, ¾ TURN, HOLD, LEFT STRIDE FORWARD, RIGHT SWEEP FORWARD

1 Left stride forward (5th position)
2-3 Right step forward into ¾ spiral lock left turn on 2-3
4-6 Left stride forward; right sweep forward on beats 5-6 (no weight) (9:00)

JAZZ BOX TURNING ¼ RIGHT, CROSSOVER, CHASSÉ RIGHT

1-3 Right crossover; left step back; right step forward turning ¼ right (12:00)
4 Left crossover
5&6 Right step side; left step together; right step side

CROSSOVER, TURN ¼ LEFT, STEP FORWARD, STRIDE FORWARD, LEFT SLOWLY DRAW TOGETHER

1-3 Left crossover; right step side swivel turning ¼ left; left step forward (9:00)
4-6 Right stride forward; left draw together on beats 5-6 (no weight)

COASTER STEP, RIGHT STEP BACK TURNING ¼ RIGHT, LEFT DRAW TOGETHER

1-3 Left stride forward; right together; left step back
4-5 Right stride back turning ¼ right; left draw together (12:00)
6 Hitch left knee up

CROSSOVER STEPS WITH KNEE HITCHES

1-3 Left crossover; hold; hitch right knee sharply upwards
4-6 Right crossover; hold; hitch left knee sharply upwards
Alternate steps: instead of the hitch patterns you can do "twinkle steps" as:
1-3 Left crossover; right step together; left step together
4-6 Right crossover; left step together; right step together

CROSSOVER, STEP SIDE, POINT, CROSSOVER, REVERSE ROLLING TURN ½ RIGHT, STEP SIDE

1-3 Left crossover; right step side; left step side in 3rd position
4-6 Right crossover; left step side turning ½ right; right step side (6:00)

REPEAT

TAG

Done at the beginning of the third 12:00 wall only

STRIDE FORWARD; DEVELOPÉ, STEPS BACK TURNING ½ LEFT

1-2 Left stride forward; draw right knee up
3 Extend toe forward and down
4-6 Right step back; left step back turning ½ left; right step forward (12:00)

STRIDE FORWARD; DEVELOPÉ, STEPS BACK TURNING ½ LEFT

1-2 Left stride forward; draw right knee up

3 Extend toe forward and down

4-6 Right step back; left step back turning ½ left; right step forward (6:00)
