

# I Love My Life

**COPPER KNOB**  
BY STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Allan Burr (AUS) & Karen Burr (AUS)  
音乐: I Love My Life - Jamie O'Neal



## **SLOW ¼ LOCK SHUFFLE FORWARD, HOLD, SLOW ½ PIVOT TURN**

1-2-3-4      Turn ¼ right stepping right forward, lock left behind right, step right forward, hold (3:00)  
5-6-7-8      Step left forward, hold, pivot ½ right weight on right, hold (9:00)

## **SLOW LOCK SHUFFLE FORWARD, HOLD, SLOW ¾ PIVOT TURN**

1-2-3-4      Step left forward, lock right behind left, step left forward, hold  
5-6-7-8      Step right forward, hold, pivot ¾ left weight on left, hold (12:00)

## **SLOW SIDE SHUFFLE, HOLD, TOUCH BEHIND, HOLD, UNWIND FULL TURN, HOLD**

1-2-3-4      Step right to right side, step left together, step right to right side, hold  
5-6-7-8      Touch left toe behind right, hold, unwind a full turn left taking weight on left, hold (12:00)

## **SIDE, ROCK, BEHIND, SIDE, ACROSS, HOLD, SIDE, TOUCH**

1-2      Step right to right side, rock weight onto left  
3-4      Step right behind left, step left to left side  
5-6      Step right across left, hold  
7-8      Step left to left side, touch right together

**Restart here on wall 3**

## **SIDE, TOUCH, ¼ TURN, TOUCH, SIDE, TOUCH, SIDE, TOUCH WITH CLAPS ON TOUCHES**

1-2      Step right to right side, touch left together with clap  
3-4      Turn ¼ left stepping left forward, touch right together with clap (9:00)  
5-6      Step right to right side, touch left together with clap  
7-8      Step left to left side, touch right together with clap

## **FORWARD, ROCK, BACK, HOLD, SLOW FULL TURN BACK**

1-2-3-4      Step right forward, rock back onto left, step right back, hold  
5-6-7-8      Travel back: turn ½ left stepping left forward, hold, turn ½ left stepping right back, hold (9:00)

**Option for above beats 5-8: step left back, hold, step right back, hold**

## **SLOW ¼ SIDE SHUFFLE, HOLD, ACROSS, ROCK, SIDE, HOLD**

1-2-3-4      Turn ¼ left stepping left to left side, step right together, step left to left side, hold (6:00)  
5-6-7-8      Step right across left, rock back onto left, step right to right side, hold

## **ACROSS, ROCK, SIDE, HOLD, SLOW FULL TURN FORWARD**

1-2-3-4      Step left across right, rock back onto right, step left to left side, hold  
5-6-7-8      Travel forward: turn ½ left stepping right back, hold, turn ½ left stepping left forward, hold (6:00)

**Option for above beats 5-8: step right forward, hold, step left forward, hold**

**REPEAT**

**RESTART**

**On wall 3, dance the first 32 beats, then restart dance at front (which becomes wall 4)**

**TAG**

**At the end of wall 6 (facing back) add the following 8 beat tag:**

## **RIGHT ROCKING CHAIR, 2 X PIVOT TURNS**

- 1-2-3-4 Right rocking chair: step right forward, rock back onto left, step right back, rock forward onto left
- 5-6 Pivot turn: step right forward, pivot  $\frac{1}{2}$  left weight on left
- 7-8 Pivot turn: step right forward, pivot  $\frac{1}{2}$  left weight on left

## **ENDING**

**At the end of wall 8 (facing back) add an extra  $\frac{1}{2}$  turn left stepping right back to face the front**

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