

I Like It!

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Rita Archer (USA)
音乐: Man! I Feel Like a Woman! - Shania Twain



SHUFFLE, PIVOT TURN HOOK, STOMPS

1&2 Right shuffle forward (right-left-right) 3-&-4 left shuffle forward (left-right-left)
5-6 Step right forward, pivot ½ left turn, left hook (lift left heel cross right knee)
7-8 Left stomp, right stomp

PIVOT TURN HOOK, STOMPS, HEEL & TOE

1-2 Step left forward, pivot ½ right turn, right hook (lift right heel cross left knee)
3-4 Right stomp, left stomp
5-8 Left heel in front, bring left next to right, right toe in back, slide right next to left

SWIVELS, STOMP & CLAP/WOO

1-2 Move weight on balls of feet, bend knees, swivel heels to right/ knees to left, swivel heels to left, knees to right
3-4 Repeat beats 1-2
5-8 Left stomp to side, clap/woo (shout "woo"), right stomp to side, clap/woo

EXTENDED GRAPEVINE, KICK STEP HEEL

1-6 Left side step, right step behind left, left side step, right step in front left, left side step, right step behind left
7&8 Left kick to side, left step behind right, right heel forward

ROCK STEP, ¾ RIGHT TURN, KNEE BEND, TWISTS, KNEE BEND

1-2 Right rock forward, left rock back
3&4 Right ¾ turn during triple step (right-left-right)
5-6 Left knee lift (angle knee to right) replace weight on both feet, twist knees to left
7-8 Twist knees to right, right knee lift (angle knee to left)

STEP, HOOK, STEP, STOMP/CLAP/WOO, HIP ROLLS

1-2& Step to side, left step behind, right side step
3-4 Left side step, right stomp next to left/clap/woo
5-8 2 hip rolls (left, back, right, forward)

REPEAT

TAG

When performed with "I'm From the Country": During the 7th Wall, (on chorus repeat "I'm from the country"), "Step, Hook Stomp, clap" sequence 2 additional times, then complete.