

I Just Know (No Worries)

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Val Simm (UK)
音乐: No Worries - Simon Webbe



STEP FORWARD RIGHT, FULL TURN RIGHT, ¼ RIGHT TURN CROSS, ½ TURN LEFT, SHUFFLE FORWARD

1 Step forward right
2-3 Make a full turn right traveling forward left, right
4&5 Step forward left, turn ¼ right step right next to left, cross left over right (3:00)
6-7 Make ¼ turn left stepping back on right, make ¼ turn left stepping left to left
8&1 Right shuffle forward (9:00)

ROCK RECOVER, SAILOR STEP, FULL TURN RIGHT, RIGHT COASTER STEP

2-3 Rock forward on left, recover weight back on right
4&5 Left sailor step
6-7 Make full turn right, stepping right, left (traveling back)
8&1 Right coaster step

SKATE LEFT, RIGHT, LEFT SHUFFLE, SIDE BEHIND, SIDE TOGETHER ¼ TURN RIGHT

2-3 Skate forward left, right
4&5 Left shuffle forward
6-7 Step right to right side, step left behind right
8&1 Step right to right side, left beside right, step right ¼ turn right (12:00)

PIVOT ½ TURN RIGHT, CROSS BACK, BACK, STEP RIGHT DIAGONAL, LEFT DIAGONAL, STEP RIGHT LEFT IN PLACE

2-3 Step forward on left, pivot ½ turn right (weight on right) (6:00)
4&5 Cross left over right, step back on right, step back on left
6-7 Step right diagonally forward, step left diagonally forward
8& Step back on right, step left next to right

REPEAT
