I Hear You Knockin'



拍数: 48 墙数: 4 级数: Intermediate

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音乐: I Hear You Knockin' - Pete Martinez



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BALL CROSS, CAMEL WALK RIGHT, 1/2 TURN RIGHT, CAMEL WALK LEFT, TOUCH

&1	Step back with ball of right, step left foot across front of right
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2 Step right foot to right side

3 Step left foot crossed tightly behind right allowing right knee to pop up keeping right toe on

the floor

4 Turn right ¼ step forward with right foot Turn 1/4 right and step left foot to left side 5

6 Step right foot crossed tightly behind left allowing left knee to pop up keeping left toe on the

floor

7 Step left foot to left side Touch right beside left 8

STEP TOUCH 4 TIMES IN A DIAMOND

1-2	Step right foot to right front diagonal, touch left beside right and clap
3-4	Step left foot to left front diagonal, turning ½ right, touch right beside left and clap
5-6	Step right foot to right front diagonal, touch left beside right and clap
7-8	Step left foot to left front diagonal, turning ½ right touch right beside left and clap

POINT RIGHT, CROSS, POINT LEFT, CROSS, POINT RIGHT 3 TIMES TURNING ½ LEFT, SWITCH **POINT LEFT**

1-2	Point right toe to right side, step right foot across in front of left
3-4	Point left toe to left side, step left foot across in front of right
5-7	Point right toe to right side 3 times, turning $\frac{1}{2}$ left on left foot (allow right knee to bend between points)
&8	Step together with right foot, point left foot to left side

WEAVE, SAILOR, SAILOR ¼ TURN RIGHT, SAILOR ½ TURN LEFT		
1-2	Step left foot across front of right, step right foot to right side	
3&4	Step left foot crossed behind right, step right foot to right side, step left foot centered under body	
5&6	Turn $\frac{1}{4}$ right and step right foot crossed behind left, step left foot to left side, step right foot centered under body	
7&8	Turn ½ left and step left foot crossed behind right, step right foot to right side, step left foot centered under body	

WALK, WALK, KICK, AND POINT BACK, ½ TURN LEFT, ½ TURN RIGHT, STEP, ½ TURN RIGHT

1-2	Step forward with right foot, step forward with left foot
3&4	Kick forward with right foot, step back with right foot, touch left foot back
5-6	Turn ½ left shifting weight forward to left foot, turn ½ right shifting weight forward to right foot
7-8	Step forward with left foot, turn ½ right and shift weight forward to right foot

TRIPLE FORWARD LEFT, TRIPLE FORWARD RIGHT, HIP BUMPS LEFT 4 TIMES LIKE JOHN **ROBINSON**

1&2	Step forward with left foot, step together with right, step forward with left foot
3&4	Step forward with right foot, step together with left, step forward with right foot
5-8	Step left foot to left side and bump hips to the left 4 times (think John Robinson)

REPEAT