

I Hear The Music

COPPER **NOB**
BY STEPHEN METZ

拍数: 0 墙数: 1 级数: Intermediate
编舞者: Wrangler (Rozanne) Wild (AUS)
音乐: Flashdance...What a Feeling - Irene Cara



Sequence: Start after 16 count introduction on vocals if dancing Intro & Bridge. If not dancing Intro & Bridge, then hold for a further 72 counts and commence on "(Well), I Hear the music". Intro, Bridge, ABB, AAB, BBBB (B is danced on "What a Feeling" & "Take your passion")

INTRODUCTION

1-64 Dance Part A twice

Beginning is slower until strong beat comes in about count 57

BRIDGE

Complete intro with right sailor, then add the following 8 counts which are only danced once:

2&3 Sailor step of left (step left behind right, step right to side, replace weight left)
4&5 Cross samba on right (step right over left, step left to side, replace weight on right)
6&7 Forward coaster on left (step left forward, step right beside left, step left back)(6&7)
&8 Step right slightly back, step left over right. Then step right to side which is count 1 of a

PART A

STEP SIDE, ROCK BACK, REPLACE, CHA-CHA FORWARD, ROCK FORWARD, BACK, STEP BEHIND, SIDE, CROSS

1-2-3 Step right to side, rock back on left, rock replace weight on right
4&5 Cha-cha forward stepping left, right, left. (option: full turn triple over right traveling slightly forward)
6-7-8&1 Rock right forward, rock back on left, step right behind left, step left to side, step right over left

SWAY LEFT, RIGHT, STEP BEHIND, ¼ TURN, STEP FORWARD, ½ PIVOT, STEP FORWARD, COASTER

2-3 Step left to side and sway hips left, sway hips right
4&5 Step left behind right, turning ¼ right step right forward, step left forward (3:00)
6-7-8&1 Pivot ½ right (weight right), step left forward. Step right forward, step left beside right, step right back (coaster) (9:00)

TOUCH BACK, REVERSE ½ PIVOT, COASTER CROSS, SWAY RIGHT, LEFT, SAILOR ¼ TURN

2-3 Touch left back, on ball of right turn ½ left (end weight right) (3:00)
4&5 Back coaster cross on left (step left back, step right beside left, step left over right)
6-7 Step right to side and sway hips right, sway hips left
8&1 Sailor turn: step right behind left, turning ¼ right step left beside right, step right forward (6:00)

STEP FORWARD, ½ PIVOT, CHA-CHA FORWARD, ROCK FORWARD, BACK, SAILOR STEP (WHICH INCLUDES COUNT 1 OF A OR B)

2-3 Step left forward, pivot ½ right (weight right) (12:00)
4&5 Cha-cha forward stepping left, right, left
Option: step left forward (4), on ball left turn ½ left stepping right beside left(&), on ball right turn ½ left stepping left forward
6-7 Rock forward on right, rock back on left
8&1 Sailor step on right (step right behind left, step left to side, step right to side is count 1 for A or B)

PART B

STEP SIDE, HOLD & CLICK, STEP TOGETHER, SIDE ROCK, REPLACE, STEP ACROSS, CLAP, STEP

SIDE, CROSS, SIDE

- 1-2 Step right to side (for attitude bend right knee and push hips left), hold and click right fingers
&3-4-5&6 Step left beside right, rock right to side, replace weight on left. Step right over left (5), double clap (&6)
&7-8 Step left to side, step right over left, step left to side

½ TURN, STEP SIDE, HOLD & CLICK, STEP TOGETHER, SIDE ROCK, REPLACE, STEP ACROSS, CLAP, STEP SIDE, CROSS, SIDE

- 1-2 On ball of left turn ½ right stepping right to side (bend right knee and push hips left), hold and click right fingers (6:00)
&3-4 Step left beside right, rock right to side, replace weight on left
5&6&7-8 Step right over left, double clap. Step left to side (&), step right over left, step left to side

TOUCH BEHIND, ¾ UNWIND, TOUCH SIDE, BALL, CROSS, SIDE ROCK, REPLACE, HINGE ½, SIDE SHUFFLE ¼ TURN

- 1-2 Touch right behind left, on ball of right unwind ¾ turn right (weight right) (3:00)
3&4-5-6 Touch left to side, step ball of left slightly back, step right over left. Rock step left to side, replace weight on right
7&8 Hinge turn ½ left and side shuffle left (left, right, left) turning ¼ left on count 8 (6:00)

½ TURN SHUFFLE, COASTER, STEP FORWARD, FULL TURN, STEP TOGETHER

- 1&2 Turning ½ left shuffle back stepping right, left, right (12:00)
3&4 Coaster on left (step left back, step right beside left, step left forward)
5-6-7-8 Step right forward, turning ½ right step left back, turning ½ right step right forward, step left beside right

Easy option: walk forward right, left, right, step left beside right.
