

I Gotcha

COPPER KNOB
STEPSHEETS

拍数: 76 墙数: 2 级数: Intermediate
编舞者: Stacey Barnett (USA)
音乐: Ticks - Brad Paisley



WALK-WALK-SHUFFLES WITH HIP CIRCLES/HIP BUMPS

1-2 Step forward right, step forward left
Circle your hips as you walk those two steps forward
3&4 Step forward right, step together left, step forward right
Bump your hips to the sides as you walk those three steps forward
5-6 Step forward left, step forward right
Circle your hips as you walk those two steps forward
7&8 Step forward left, step together right, step forward left
Bump your hips to the sides as you walk those three steps forward

ROCK, SHUFFLE ½ TURN, SKIP FORWARD

1-2 Rock forward right, recover left
3&4 Step forward right, turn ½ turn right and step left next to right, step forward right
&5&6 Hitch left knee and hop forward on right, step forward left, hitch right knee and hop forward on left, step forward right
&7&8 Repeat &5&6

MAMBO FORWARD & BACK, SIDE-ROCK-CROSS-ROCKS

1&2 Rock forward left, recover right, step left next to right
3&4 Rock back left, recover right, step left next to right
5&6& Rock left to side, recover right, cross rock left over right, recover right
7&8 Rock left to side, recover right, cross step left over right

FULL PADDLE TURN, SKATES MAKING ½ TURN LEFT

1& Touch right to side, hitch right knee and turn ¼ turn left
2&3&4& Repeat 1& three more times
5-6 Skate right foot to the right, skate left foot to the left
7-8 Turn ¼ left and skate right foot to the right, skate left foot to the left
& Turn ¼ left and hitch right knee

STEP, CROSS BEHIND, FULL TURN, STEP, CROSS BEHIND, FULL TURN

1-2 Step right to side, cross left behind right
3&4 Triple in place turning a full turn right stepping right, left, right
5-6 Step left to side, cross right behind left
7&8 Triple in place turning a full turn left stepping left, right, left

WALK BACK RIGHT AND LEFT, COASTER STEP, MAMBO FORWARD AND BACK

1-2 Walk back right, walk back left
3&4 Step back right, step left next to right, step forward right
5&6 Rock forward left, recover right, step left next to right
7&8 Rock back right, recover left, step right next to left

SIDE ROCK LEFT, CROSS-AND-CROSS, SIDE ROCK RIGHT, CROSS-AND-CROSS

1-2 Rock left to side, recover right
3&4 Cross step left over right, side step right, cross step left over right
5-6 Rock right to side, recover left
7&8 Cross right over left, side step left, cross right over left

SIDE ROCK, SAILOR ½ TURN

- 1-2 Rock left to side, recover right
3&4 Cross step left behind right, turn ¼ left and step right foot to side, turn ¼ left and step left foot to side

KICK & ROCK & HITCHES, SKIP BACKWARDS

- 1&2& Kick right forward, rock forward right, rock back left hitching right, step forward right
3&4& Kick left forward, rock forward left, rock back right hitching left, step forward left
5&6& Step back right, hitch left knee and hop back on right, step back left, hitch right knee and hop back on left
7&8 Step back right, hitch left knee and hop back on right, step left next to right

HEEL JACKS, GALLOPS, WALK RIGHT & LEFT

- &1&2 Step right to side and slightly back, touch left heel diagonally forward, step left toward right, step right next to left
&3&4 Step left to side and slightly back, touch right heel diagonally forward, step right toward right, step left next to right
&5&6& Hitch right knee, step right next to left and hitch left knee, step left next to right and hitch right knee, step right next to left and hitch left knee, step left in place
7-8 Walk forward right, walk forward left

REPEAT

TAG

During the second wall, after the first chorus, when he finishes with "I'd like to check you for ticks," you will have just finished the skates making the ½ turn ending with the right hitch

- 1-2 Rock forward right, recover left
3-4 Rock back right, recover left
Restart (you will be facing the front wall again)
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