

I Got The Cure

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Tom West (CAN)
音乐: Get Up - Doc Walker



SIDE SHUFFLE RIGHT, ROCK BACK, RECOVER, STEP, POINT, STEP, POINT

1&2 Shuffle right (right-left-right)
3-4 Rock back on left, recover on right
5-6 Step left on left, point right toe in front of left
7-8 Step right on right, point left toe in front of right

SIDE SHUFFLE LEFT, ROCK BACK, RECOVER, STEP, POINT, STEP, POINT

9&10 Shuffle left (left-right-left)
11-12 Rock back on right, recover on left
13-14 Step right on right, point left toe in front of right
15-16 Step left on left, point right toe in front of left

½ TURN RIGHT SHUFFLE, ROCK FORWARD AND BACK, ¼ TURN

17&18 ½ turn shuffle right (right-left-right) (6:00)
19-20 Rock forward on left, recover on right
21-22 Rock back on left, recover on right
23-24 Step ¼ turn right on left, step right behind left (3:00)

¼ TURN LEFT SHUFFLE, ROCK FORWARD AND BACK, ¼ TURN

25&26 ¼ turn shuffle left (left-right-left) (6:00)
27-28 Rock forward on right, recover on left
29-30 Rock back on right, recover on left
31-32 Step ¼ turn left on right, step left behind right (9:00)

REPEAT

RESTART

If using get up music, at the end of the second time through the dance (facing 6:00) there is a 4 count break. Hold position for this 4 count. Doc is singing "I got the cure, take some of mine". You could sing this also. Then restart from beginning

ENDING

As the music fades out you will be completing steps 17&18 returning to the 12:00 wall. Step forward on, scuff/kick right forward