

# I Got Soul

拍数: 32      墙数: 0      级数:  
编舞者: Sandra Mailman (CAN)  
音乐: Soul Man - Sam & Dave



## KICK BALL CHANGE, STOMP, CLAP

1&2      Right kick ball change  
3      Stomp right forward  
4      Clap hands

## KICK BALL CHANGE, STOMP, CLAP

5&6      Left kick ball change  
7      Stomp left forward  
8      Clap hands

## STEP OUT RIGHT, SHIMMY, RETURN, CLAP

9      Step right foot out to right side  $\frac{1}{4}$  turn while shimmying shoulders  
10      Shimmy shoulders  
11      Return right foot beside left foot while still shimmying shoulders  
12      Clap hands

## STEP OUT LEFT, SHIMMY, RETURN, CLAP

13      Step left foot out to left side  $\frac{1}{4}$  turn while shimmying shoulders  
14      Shimmy shoulders  
15      Return left foot beside right foot while still shimmying shoulders  
16      Clap hands

## BLUES BROTHERS SIDE SHUFFLES

17&18      Blues brothers shuffle to the right (right-left-right)  
19&20      Blues brothers shuffle to the left (left-right-left)

**Blues Brothers shuffle: Place hands out in front, palms facing out waving hands up and down about waist height. Knees slightly bent.**

## ROCK BACK AND FORWARD, $\frac{1}{2}$ PIVOT

21      Rock back on right  
22      Rock forward on left  
23      Step forward with right foot  
24       $\frac{1}{2}$  pivot to left

## BLUES BROTHERS SIDE SHUFFLES

25&26      Blues brothers shuffle to the right (right-left-right)  
27&28      Blues brothers shuffle to the left (left-right-left)

## ROCK BACK AND FORWARD, $\frac{1}{4}$ PIVOT

29      Rock back on right  
30      Rock forward on left  
31      Step forward with right foot  
32       $\frac{1}{4}$  pivot to left

**REPEAT**