I Got Life

拍数: 40   **墙数:** 4   **级数:** Improver

编舞者: John Dowling (UK)

音乐: Ain't Got No (I Got Life) - Nina Simone

RIGHT SHUFFLE FORWARD, LEFT STOMPS, LEFT SHUFFLE FORWARD, RIGHT STOMPS
1&2	Step right forward, slide left next to right, step right forward
3-4	Stomp left foot in place twice
5&6	Step left forward, slide right next to left, step left forward
7-8	Stomp right foot in place twice

FORWARD SAILOR STEPS TWICE, RIGHT STEP, PIVOT ½ TURN LEFT, RIGHT VAUDEVILLE
1&2	Cross step right in front of left, step slightly back on left, step right in place
3&4	Cross step left in front of right, step slightly back on right, step left in place
5-6	Step right foot forward, pivot ½ turn left
7&8	Cross step right over left, step slightly back on left, dig right heel in front to right diagonal

TOE TOUCHES TWICE, RIGHT SHUFFLE FORWARD DIAGONALLY, TOE TOUCHES TWICE, LEFT SHUFFLE FORWARD DIAGONALLY
1-2	Touch right toe across left twice
3&4	Step right diagonally forward to the right, slide left to meet right, step right diagonally forward
5-6	Touch left toe across right twice
7&8	Step left diagonally forward to the left, slide right to meet left, step left diagonally forward

TURNING JAZZ BOX WITH ¼ TURN RIGHT, JAZZ BOX ON THE SPOT
1-2	Step right foot over left, step slightly back on left
3-4	Making a ¼ turn right step right slightly to the side, step left slightly forward
5-6	Step right foot over left, step slightly back on left
7-8	Step right slightly to the side, step left slightly forward side, together

DIAGONAL STEP, TOGETHER AND CLAP X 4
1-2	Step right foot diagonally forward to the right, touch left next to right - clap
3-4	Step left foot diagonally forward to the left, touch right next to left - clap
5-6	Step right foot diagonally back to the right, touch left next to right - clap
7-8	Step left foot diagonally back to the left, touch right next to left - clap

REPEAT