I Got A Girl

拍数: 64

级数: Intermediate

编舞者: Vera Fisher (UK) & Teresa Lawrence (UK)

音乐: I Got a Girl - Lou Bega

This song comes from the CD single. Use either track 1 or 2. On track 1, the dance starts when the music kicks in, immediately after he goes aghhh! On track 2, the dance starts after the girls sing the intro and as the music kicks in immediately after he goes aghhh!

STEP SLIDE BACK. HIP BUMPS

- 1-4 Long step back on right to right diagonal, slide left next to right
- 5-8 Bump hips left, right, left, right

STEP SLIDE FORWARD, HIP BUMPS

- 1-4 Long step forward on left to left diagonal, slide right next to left
- 5-8 Bump hips right, left, right, left

RIGHT, FORWARD MAMBO. LEFT BACK MAMBO

- Rock forward on right, replace weight on left 1-2
- 3-4 Step right in place, hold
- 5-6 Rock back on left, replace weight on right
- 7-8 Step left in place, hold

ROCK CROSS HOLD. ROCK ¼ TURN. HOLD

- 1-2 Rock right out to right side, replace weight on left
- 3-4 Cross right over left, hold
- 5-6 Rock left out to left side, make 1/4 turn right stepping forward on right
- 7-8 Step forward on left, hold

2 STEP HOLDS. WALK FOR 3. HOLD

- 1-4 Step forward on right, hold, step forward on left, hold
- 5-8 Walk forward right, left, right, hold

ROCK REPLACE CROSS HOLD. STEP CROSS STEP ¼ TURN HOOK

- Rock left to left side, replace weight on right, cross left over right, hold 1-4
- 5-6 Step right to right side, cross left over right
- 7-8 Step right to right side, hook left across right making 1/4 turn left

LEFT LOCK FORWARD SCUFF. RIGHT LOCK FORWARD SCUFF

- Step forward on left, lock right behind left, step forward on left, scuff right foot forward 1-4
- 5-8 Step forward on right, lock left behind right, step forward on right, scuff left foot forward

PIVOT ½ TURN RIGHT. HOLD. PIVOT ¼ TURN RIGHT. HOLD

- 1-4 Step forward on left, hold, make a ¹/₂ turn right, hold
- 5-8 Step forward on left, hold, make a 1/4 turn right, hold, keeping weight on left

REPEAT





墙数: 4