I Found The Reason



拍数: 48 墙数: 4 级数: Intermediate

编舞者: Gary Steele (UK)

音乐: The Reason - Hoobastank



Start 8 counts before vocals

CROSS OVER, STEP BACK, CHASSE SIDE TWICE

1-2 Cross right over left, step left back

3&4 Chasse right

5-6 Cross left over right, step right back

7&8 Chasse left

TOE UNWIND, CROSSING SHUFFLE, SIDE ROCK RECOVER, BEHIND 1/4 STEP FORWARD

1-2 Dig right toe behind left foot, unwind ½ turn right changing weight onto right

3&4 Left crossing shuffle

5-6 Side rock onto the right, recover weight onto left

7&8 Cross right behind left, making a ¼ turn left, step forward on left, step forward on right

ROCK, RECOVER, SHUFFLE BACK, COASTER, SHUFFLE FORWARD

1-2 Rock forward onto left, recover weight onto right

3&4 Shuffle back on the left5&6 Right coaster step

7&8 Shuffle forward on the left

STEP 1/2, SHUFFLE, STEP 1/2 WALK, WALK

1-2 Step forward on right, pivot ½ turn over left shoulder

3&4 Shuffle forward on right

5-6 Step forward on left, pivot ½ turn over right shoulder

7-8 Walk forward left, right

CROSS POINT, CROSS POINT, POINT FORWARD, SIDE, STEP BACK, POINT

1-2 Cross left over right, point right to right side
3-4 Cross right over left, point left to left side
5-6 Point left in front of right, point left to left side
7-8 Step left behind right, point right to right side

CHASSE BACK ROCK, RECOVER TWICE

1&2 Chasse right

3-4 Rock back on left, recover weight onto right

5&6 Chasse left

7-8 Rock back on right, recover weight onto left

REPEAT