

If You Only Knew

拍数: 64 墙数: 4 级数: Improver
编舞者: June Hulcombe (AUS) & Barbara Willshire (AUS)
音乐: If You Only Knew - The Mavericks



RIGHT, TOGETHER, FORWARD, HOLD, ROCKING CHAIR

1-2-3-4 Step right to right side, step left next to right, step right forward, hold
5-6-7-8 Rock/step left forward, step right back, rock/step left back, step right forward

ROCK, ROCK, CROSS, HOLD, ROCK, ROCK, CROSS, HOLD

1-2-3-4 Rock/step left to left side, recover weight on to right, step left across front of right hold & clap
5-6-7-8 Rock/step right to right side, recover weight on to left, step right across front of left hold & clap

POINT LEFT, ACROSS, POINT RIGHT, ACROSS, ROCK FORWARD, BACK, ¼ LEFT, HOLD

1-2-3-4 Point left toe to left, step left in front of right, point right toe to right, step right in front of left
5-6-7-8 Rock/step left forward, recover on to right, turning ¼ turn left step left forward, hold

TOE STRUT, TOE STRUT, STEP, ½ PIVOT, STEP, HOLD

1-2-3-4 Step right toe forward, drop right heel, step left toe forward, drop left heel
5-6-7-8 Step right forward, pivot ½ turn left (weight on left), step right forward, hold

SIDE, HOLD, BEHIND, HOLD, 360 LEFT-RIGHT-LEFT, HOLD

1-2-3-4 Step left to left side, hold, step right behind left, hold
5-6-7-8 Turning full turn left step left, right, left, hold

SIDE, HOLD, BEHIND, HOLD, 360 RIGHT-LEFT-RIGHT-LEFT

1-2-3-4 Step right to right side, hold, step left behind right, hold
5-6-7-8 Turning full turn right step right, left, right, left (weight on left)

TOE, HEEL, STOMP, HOLD, TOE, HEEL, STOMP, HOLD

1-2-3-4 Touch right toe to left instep, touch right heel to left instep, stomp right in front of left, hold
5-6-7-8 Touch left toe to right instep, touch left heel to left instep, stomp left in front of right, hold

COASTER STEP, HOLD, FORWARD, BACK, ½ TURN, HOLD

1-2-3-4 Step right back, step left next to right, step right forward, hold
5-6-7-8 Rock/step left forward, recover on to right, turning ½ turn left step left forward, hold

REPEAT

RESTART

On the 3rd wall, dance up to count 30, touch right next to left for 31 and hold for 32, then start the dance again. You will be facing 9:00

ENDING

Dance finishes facing front after 360-degree turn to the left
