# If You Ever

3&4

拍数: 64

级数: Intermediate

编舞者: David Ridgard (UK)

音乐: If You Ever Saw Her - Ricky Martin

## BASIC MAMBO ROCK, SHUFFLE, ROCK FORWARD ½ TRIPLE

- Rock forward on to right foot, step left foot in place, bring right foot beside left 1&2
  - Rock back on to left foot, step right in place, bring left foot beside right
- 5-8 Repeat counts 1-4
- 9&10 Shuffle forward right, left, right,
- Shuffle forward left, right, left 11&12
- 13-14 Rock forward right, rock back left
- 15&16 <sup>1</sup>/<sub>2</sub> triple right, stepping right, left, right

Optional: on counts 9-12 roll hands in front of body, while leaning back and forward

## ROCK AND CROSS STEPS LEFT AND RIGHT, CLICKS, ROCK FORWARD ¾ TRIPLE TURN

- 17&18 Rock left to left side, rock right in place, step left slightly forward across right, click fingers
- 19&20 Rock right to right side, rock left in place, step right slightly forward across left, click fingers
- 21-22 Rock forward left, rock back right
- 23&24 <sup>3</sup>/<sub>4</sub> turn left, stepping left, right, left

## ROCK FORWARD, HEEL JACK, OUT, OUT, IN, IN, KNEE POPS

- 25-26 Rock forward right, rock back left
- &27 Step back on right, touch left heel forward
- &28 Step left to place, touch right next to left
- &29 Step right to right side, step left to left side, (end with feet apart,)
- &30 Step right to center, step left beside right, (weight ends on left)
- & With feet together bend both knees, lifting heels slightly
- 31 Straighten legs, lowering heels softly
- &32 Repeat steps &31

### SHUFFLE FORWARD, STEP BACK, SLIDE BUMPS

- Shuffle forward right, left, right 33&34
- 35&36 Shuffle forward left, right, left
- 37-38 Step back right, slide left back to right
- 39&40 Bump hips left, right, left
- 41-48 Repeat steps 33-40

Optional: on counts 33-36 and counts 41-44 roll hands in front of body, while leaning forward and back

## **KICK BALL CHANGES, ¼ TURNS LEFT**

- 49&50 Kick right foot forward, step right foot in place, step left foot in place
- 51&52 Kick right foot forward, step right in place, step left foot in place
- 53-54 Step right foot forward, 1/4 turn left, swaying hips to right
- 55-56 Step right foot forward, 1/4 turn left, swaying hips to right

## ROCKING CHAIR, ROCK FORWARD, MAMBO ROCK

- 57-58 Rock forward right, rock weight back on to left
- 59-60 Rock back right, rock weight forward on to left
- 61-62 Rock forward right, rock back left
- 63&64 Rock back right, step left in place, bring right foot beside left





**墙数:**4

REPEAT