

If You Don't Know

拍数: 48 墙数: 2 级数: Intermediate waltz
编舞者: Raymond Sarlemijn (NL)
音乐: If You Don't Know Me By Now - Simply Red



STEP, TURN ¼ RIGHT, TURN ¼ RIGHT, WEAVE RIGHT

- 1 Step right foot diagonally forward to 2:00
- 2 Turn ¼ right stepping left foot back towards 11:00 (facing 5:00)
- 3 Turn ¼ right stepping right foot towards 9:00 (facing 8:00)
- 4 Cross left foot over right foot
- 5 Step right foot to the side
- 6 Step left foot behind right foot

¾ TURN RONDE, JAZZ BOX

- 1 Turn ¼ right stepping right foot forward (facing 9:00)
- 2-3 Turn ½ right on right foot sweeping left foot around
- 4 Cross left foot over right foot
- 5 Step back on right foot
- 6 Step left foot to the side (facing 3:00)

PIVOT TURN (FULL TURN), STEP LOCK

- 1 Step right foot forward
- 2 Turn ½ right stepping left foot back (facing 9:00)
- 3 Turn another ½ right stepping right foot forward (facing 3:00)
- 4 Step left foot forward
- 5 Lock right foot behind left foot
- 6 Hold

1 ¼ PIVOT TURN BACKWARDS, STEP HOLD DRAG

- 1 Step right foot back (still facing 3:00)
- 2 Turn ½ left stepping forward on left (facing 9:00)
- 3 Turn ½ left stepping back on right foot (facing 3:00)
- 4 Turn ¼ left stepping left foot diagonally forward (facing 11:00)
- 5 Hold
- 6 Drag right foot next to left foot

CROSS, TURN ¼ RIGHT, TURN ¼ RIGHT, BASIC WALTZ STEP FORWARD

- 1 Cross right foot over left foot (towards 11:00)
- 2 Turn ¼ right stepping left foot back towards 8:00 (facing 1:00)
- 3 Turn ¼ right stepping left foot back towards 11:00 (facing 5:00)
- 4-5-6 Step forward left foot, step forward right foot, step left foot next to right foot

PLATFORM TURN, ROCK STEP, HOLD

- 1 Step right foot forward (towards 5:00)
- 2 Turn ¼ right stepping left foot to the side
- & Lock right foot behind left foot
- 3 Turn on both feet ¾ right
- 4 Rock right foot forward
- 5 Recover back on left foot
- 6 Hold (you actually turn ¼ left on left foot to prepare for the next turn steps)

TURN STEPS (TRAVELING TOWARDS 9:00), HOLD

- 1 Cross right foot over left foot (facing 11:00)
- 2 Turn 1/8 right stepping back on left foot towards 8:00
- 3 Turn 1/2 right stepping right foot to 7:00
- 4 Turn 3/8 right stepping left foot step to left side (facing 12:00)
- 5 Step right foot behind left foot
- 6 Hold

STEP TO LEFT SIDE, HOLD, DRAG, SIDE STEP RIGHT, 1/2 RIGHT TURN RONDE, CROSS LEFT OVER RIGHT

- 1 Step left foot out to 9:00 (still facing 12:00)
- 2 Hold
- 3 Drag right foot next to left foot
- 4 Step right foot to right side (body facing 12:00)
- 5 Turn 1/2 right on right foot sweeping left foot around
- 6 Cross left foot over right (facing 8:00)

REPEAT
